**RPC Meeting Summary – November 6, 2013**

**Welcome**

*Myel Jenkins, Program Officer, Sierra Health Foundation: Center for Health Program Management,* opened the meeting. *Ebony Chambers, RPC Co-Chair* discussed the October 15 Grantee Learning Community meeting with Dr. Sergio Aguilar-Gaxiola, who spoke about stigma and discrimination in mental health. Presentation materials from Dr. Aguilar-Gaxiola are available on the RPC Dropbox. Myel announced that the RPC Membership and Governance Committee’s recommendation was approved by the RPC; David Schroeder will be the 2nd RPC Co-Chair. Along with RPC Co-Chair Ebony Chambers, David will represent the RPC at Planning Committee meetings.

**Reflecting on Lessons Learned from Round 2**

*Deb Marois, Facilitator, Converge CRT,* introduced the circle graphic – Plan, Reflect, Act. She reviewed the ground rules and decision making guidelines for the meeting and reflected on the learning process inherent in this project. *Michelle Johnston, RPC Member,* reflected on the history of the RPC since May 2012, which included a review of the Round 1 RFP release and funding decisions, and the Round 2 RFP and RFQ releases and funding decisions, as well as the solidifying definition of respite. The RPC infrastructure has evolved to include committees and an RPC charter since the RPC launch in 2012.

Q: Who was funded in the RFP and RFQ in Round 2?
A: The RFP funded St. John’s Shelter Program for Women and Children and Children’s Receiving Home; the RFQ funded Transitional Living and Community Support.

Deb introduced the Round 2 Feedback Summary document, which includes information from past meeting evaluation summaries, discussions and meeting summaries. RPC members were asked to discuss one thing that stood out from the Round 2 Funding Release Process, themes, and question or clarifications about the feedback. The committee discussed main reflections on the Round 2 Funding Summary document. Main reflections from the discussion included:
- More small/cultural groups to be funded – something needs to be done.
- Ask communities/listen vs. educating/telling what we want.

Deb introduced a guiding question for the RPC to discuss different areas of learning from Round 2 and considerations for Round 3. RPC members used the sticky wall to indicate Areas of Round 2 achievements (blue), Successes/Strategies to Continue in Round 3 (green), Challenges/Changes to Make in Round 3 (yellow), and Ideas/Decisions (pink).
Main reflections on Round 2 Reflections: Learning and Considerations for Round 3
Discussion were:

<table>
<thead>
<tr>
<th>Round 2 Achievements</th>
<th>Successes/Strategies to Continue in Round 3</th>
<th>Challenges/Changes to Make in Round 3</th>
<th>Ideas/Decisions</th>
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</thead>
<tbody>
<tr>
<td>Dependent children with adults in crisis served</td>
<td>Committee structure/continue committee work</td>
<td>Awareness to cultural community</td>
<td>Marketing earlier to diverse cultural groups</td>
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<td>Achieved inclusion of respite for youth and children</td>
<td>Incorporated Round 1 learning to Round 2/ongoing learning</td>
<td>The need for earlier marketing of RFP</td>
<td>Community capacity building</td>
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<td>Drop in respite funded</td>
<td>Adjustments made in Round 2 to meet needs (adaptability; RFQ and RFP)</td>
<td>Licensing</td>
<td>Various ideas to go forward</td>
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<td>Funding to 23/7 respite services.</td>
<td>Collaborative met deadlines</td>
<td>Sustainability of funded projects</td>
<td>Integrating cultural communities</td>
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<td>We met our timelines</td>
<td>Standing Committees</td>
<td>Innovative respite approach defined</td>
<td>List and clarify what does not qualify for respite</td>
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<td>We were able to cover more populations</td>
<td>Established policies committees</td>
<td>Engaging, reaching out to listen to community</td>
<td>Peer run/led services</td>
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<td>5 target populations served*</td>
<td>Good collaboration amongst RPC</td>
<td>Strengthen peer community in Sacramento</td>
<td>Follow up with non-funded RFPs</td>
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<td>Goal achieved for 24/7 respite funding*</td>
<td>Brought on new RPC members</td>
<td>Community capacity building</td>
<td>Each RPC member outreach to 1 community member per month</td>
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<td>Independent/external evaluation</td>
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<td>Proposals presented in person</td>
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<td>Focus on sustainability</td>
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<td>Explore possibilities of 1 year funding cycle</td>
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**Guest:**
Make CLAS aspects of contracts public. Assist small ethnic/faith-based CBOs to work together (collaborative). Joint planning for Sacramento County to apply for SB 82 funding.
The Context for Planning Round 3: Budget, Timeline and Data

Myel Jenkins, Program Officer, Sierra Health Foundation: Center for Health Program Management, presented information on potential Round 3 Considerations, which included information on the RPC vision, actions and implementation. Refer to the PowerPoint presentation RPC Presentation on the RPC web page (http://www.shfcenter.org/respite-partnership-collaborative) for more details.

Q. Is there a sustainability question included in grantee Progress Reports?
A. Not currently. That is something that can be considered in the future.

Q. All the options identified are from collaborative conversations, correct? So there could be more options?
A. Yes. The options identified are from collaborative conversations. And yes, the RPC could develop more options.

Lisa Sabillo, Division of Behavioral Health Services, presented information on Crisis Data in Sacramento County, which included data on community members receiving services at Intake Stabilization Unit, Minor Emergency Response team, or acute inpatient psychiatric hospitals in Sacramento County. This data does not reflect emergency department visits in Sacramento County or individuals with private insurance. Lisa referenced the historic cuts to crisis services, and the work to rebuild previously cut services. Lisa is available for future Respite Partnership Collaborative data needs. Refer to the PowerPoint presentation Crisis Data in Sacramento County Presentation on the RPC web page (http://www.shfcenter.org/respite-partnership-collaborative) for more details.

Q: Does this information reflect the uninsured?
A: No; the information is limited to Sacramento County residents on the Mental Health Plan.

Q. If residents were homeless when they entered the facility for psychiatric services, would they be returned to homeless situations?
A. It’s possible; people could also have worked to find shelter options.

Q. Is the data broken down by disability?
A. Unfortunately, we do not collect it by disability.

Preparation for December

Shadi Barfjani, RPC Member from the RPC Policy and Sustainability Committee, introduced questions from the RPC Policy and Sustainability Committee, which will be discussed at the December RPC meeting. These questions were:

1. What is the RPC role in the community? Is it a grantmaking entity? Or is it an advocacy, education and outreach entity around respite?
2. What is the RPC’s value proposition? (i.e., What is its relevance? What specific benefit does it deliver? What makes the RPC uniquely different from anything else?)
3. What would be the sustainability strategy to fund the RPC going forward?
4. What would be the sustainability strategy to maintain respite programs going forward?
Additionally, Shadi introduced the Community Stakeholder Meeting on January 16, which will replace the regularly scheduled RPC meeting. The Community Stakeholder Meeting will introduce the newly funded Round 2 grantees, and discuss individual and systems stressors.

Myel reviewed the Respite Services Grantee Report Review process in preparation for the December meeting, which will focus on Round 1, Year 2 Progress Reports. Lastly, Myel introduced the new RPC Dropbox, which is a publicly available resource for RPC and committee meeting materials, including Stigma and Discrimination materials from Dr. Sergio Aguilar-Gaxiola.

The next RPC meeting is Tuesday, December 3, from 3 p.m. to 6:30 p.m.