Healthy Sacramento Coalition
Policy Working Group Meeting
June 12, 2013
Meeting Summary


Meeting Outcomes
- Update coalition members on the management of the Healthy Sacramento Coalition and Work Group support
- Understand the data presented in the document The Chronic Disease Experience of Sacramento County Residents.
- Review the Community Transformation Implementation Plan to develop recommendations for initial steps.

Welcome and Agenda Review– Glannah Trochet, Policy Workgroup Chair
Review and approve the meeting minutes from May 8, 2013
Report on planning for the training on Policy and Environmental Change scheduled in August 2013

- The agenda and the minutes were unanimously approved. Glannah Trochet reported that the CDC contractor that will provide the training on Policy and Environmental Change is the Prevention Institute. There is a telephone conference scheduled with them and workgroup committee members on July 2nd to discuss training content and to localize training content to make it more Sacramento-focused. The training is scheduled for Wednesday, August 28th and will replace the HSC Coalition meeting. The training will take place from 9:00 a.m. to until 1:30 p.m. (Facilitators have asked for additional time to cover the training agenda, so the meeting time has been extended from noon to 1:30 p.m.) Sierra Health Foundation is looking into options to videotape and/or audiotape HSC trainings.

- The workgroup members agreed to cancel the July meeting. The next Policy Work Group meeting will be held on Wednesday, August 14, 2013, from 2:30 to 4:30 p.m.
• Glennah Trochet announced that she and Kelly Bennett-Wofford will be stepping down as Chair and Vice Chair of the Workgroup at the end of their term which concludes September 29, 2013. Anyone who is interested in taking the position of Chair or Vice Chair should notify Glennah Trochet before the August meeting. The election of the new Chair and Vice Chair will take place at the Policy Workgroup meeting on September 11 and newly seated Workgroup chairs will begin their term on October 1, 2013.

• Robert Lee Grant announced that the positions of Chair and Vice Chair of the Communications Workgroup will also be open for the next year. Anyone interested in those positions should notify Robert Lee Grant before the August communications workgroup meeting. Names of candidates will be given to the Steering Committee by September. If no member volunteers for any of these positions, then more active recruitment will be necessary in the month of August.

*Update on the Management of the Healthy Sacramento Coalition*—Debra Oto-Kent, Health Education Council and Diane Littlefield, Sierra Health Foundation

• Diane Littlefield, Vice President of Programs and Partnerships for Sierra Health Foundation, explained that after discussion with the Health Education Council, it has been decided that the Health Education Council will provide more staff support to the workgroups and to the Healthy Sacramento Coalition (HSC). Robert Phillips, Fatima Malik and Diane Littlefield will continue to also support the coalition. In the near future, Fatima’s time allocation to the HSC will also increase. Debbie Oto-Kent indicated that Dana Fields-Johnson will provide staff support to the Policy Workgroup; Ramona Mosley will provide support staff for the Capacity Building and Training Workgroup; and Kacy Rodriguez will support the Communications Workgroup. Debbie Oto-Kent will continue to support the Steering Committee and Leadership Team. Both Diane and Debbie let us know that a document outlining specific duties, roles and responsibilities will be forthcoming. In the meantime, questions, concerns and comments should be directed to Health Education Council staff and they will direct it to the appropriate source for a response.

*Presentation: The Chronic Disease Experience of Sacramento County Residents*—Dr. Cassius Lockett

• Dr. Lockett, Chief of Epidemiology for Sacramento County Division of Public Health, presented the major findings of the document. (Presentation slides will be posted on the Workgroup’s page by the end of June 2013). After Dr. Lockett’s presentation there were questions regarding the document itself and the mortality and life expectancy data in it.

*The Healthy Sacramento Coalition is made possible by funding from the Centers for Disease Control and Prevention.*
Diane Littlefield explained that the Sacramento County Division of Public Health was asked to prepare this data to supplement the needs assessment prepared by Valley Vision which had some gaps, especially around the prevalence of chronic diseases by zip code. Initially the intent was to incorporate this new data, from Sacramento County, into the original needs assessment, but because of a number of delays, the result has been two documents. The Sacramento County report will serve as a supplemental document to the Community Health Needs Assessment, developed by Valley Vision. The County report provides supporting data for the findings of the Community Needs Assessment.

Dr. Lockett noted that there is a strong correlation between the prevalence of chronic diseases in a zip code and lower life expectancy. He also pointed out that zip code 95608 (Carmichael) has a very high prevalence of chronic diseases, as does zip code 95823 (Sacramento/Florin), but the demographics of the two zip codes are very different. Zip code 95608 has a much older population, higher income, and many more people living in nursing homes than zip code 95823 which has a younger population, lower income, and higher density population. The zip code mortality rates are crude rates, not age adjusted, and this can explain the appearance of very high chronic disease prevalence in 95608.

The workgroup decided to recommend to the HSC that zip code 95608 not be added to the communities of interest because mortality data is only one of many variables to consider when doing a needs assessment, and other social determinants of health are not adverse in that zip code. Income and poverty rates are a consideration and weigh heavily on the data.

Leslie Cooksy, Evaluation Director of Sierra Health Foundation, agreed to provide demographic data on the North and South Natomas zip codes to the group at the August meeting to see if this might explain the very high life expectancy in those zip codes. Dr. Lockett had pointed out the chronic disease prevalence is very low in those two zip codes. Dr. Lockett stated that if further analysis of the data was requested by the coalition or workgroup, Sacramento County staff would help in the analysis. Dr. Lockett and Leslie will stay in touch on follow-up matters, as needed.

Review of Final Version of CTIP and Develop Recommendations for First Steps—All
The group began the review of the CTIP beginning with the last strategy and working backward from there:

1. Inclusion of Pharmacists in the patient care team.
   a. The group decided that the Policy Workgroup does not have a major role in the implementation of this strategy.
2. Inclusion of Community Health Workers as Part of the Care Team in FQHCs and hospital systems
   a. The group decided that the Policy Workgroup does not have a major role in implementing this strategy.
3. Partner with Physicians to engage in a parks prescription program in the communities of interest.
   a. Monica Hernandez and Teri Duarte agreed to work with Judy Robinson to identify what information is available on parks and other infrastructure (i.e. bike lanes, walking paths, etc.) in the 15 zip codes of interest and bring it to the August Policy Workgroup meeting so the group can identify opportunities to expand the Walk with a Doc program. Kris Wallach, who directs the program for the Sierra Sacramento Valley Medical Society, indicated that she would be willing to work with the HSC to incorporate activities in parks in the zip codes of concern. The Walk with a Doc program currently requires paved paths and access to restrooms. This may limit program in HSC zip codes. A role for the Policy Work Group will be highlighting existing resources, gaps and opportunities for improvement in parks in our target zip codes.

4. Expand the number of joint use agreements.
   a. More information is required on this objective. Dana Fields-Johnson will arrange for more discussion on this strategy at a future meeting of the workgroup.

5. Partner with Food services industry to offer healthy menu items.
   a. Based on community knowledge and research information from SACOG and the needs assessments, the North area zip codes are a food desert and the group recommended that efforts in this strategy be prioritized in these zip codes: 95660, 95673, 95815, 95821, 95838, 95841 Communities (all or part of): Arden Arcade, North Highlands, Foothill Farms, Del Paso Heights, North Sacramento, Rio Linda, Elverta. The County’s SNAP-Ed program may be able to provide more data and share more information as they finish they complete their CX3 survey and evaluation of retail and fast food environments.

6. Encourage public and private organizations to adopt healthy beverage guidelines.
   a. Dana Fields-Johnson will provide the group more information on this strategy at the August meeting

7. Adoption of active living design guidelines by city and county planning departments.
   a. Monica Hernandez reported that progress in this direction is being made.

8. The two tobacco-free living strategies were not discussed because the workgroup ran out of time.
**Meeting Evaluation**  Kelly Bennett-Wofford Policy Workgroup Vice-Chair
Dana Fields Johnson led this activity in Kelly’s absence.

**Positive:**

- Dr. Lockett’s Presentation—Very informative!
- Glennah Trochet’s Leadership and Facilitation Skills
- Robust Discussion and Analysis from the Work Group
- Updates and Information Sharing from Sierra Health Foundation and the Health Education Council regarding staffing and support
- Fatima Malik’s continued support (i.e. Providing Zip Code Visual)
- Work Group Consensus
- Introductions

**Not So Positive/Areas for Improvement and/or Action:**

- Glennah’s Term Ending—Don’t Leave 😞
- Members should make every effort to read documents provided and do their homework prior to the meeting.
- Work group should provide more opportunities for member sharing and to highlight agency resources and programs in an effort to facilitate more collaboration and integration
- It would be helpful if staff could provide an inventory or analysis of where member agencies are working and what the available resources are specific to the implementation plan objectives.

The group would like to add a standing item to the agenda that allows organizations to share their programs and helps find opportunities for collaboration in the context of the implementation plan.

**Addendum**

**July 22, 2013**

After the June meeting of the Policy Work Group, the Sierra Health Foundation notified the Healthy Sacramento Coalition that funding for year three of the project was severely decreased. As a result, the Healthy Sacramento Coalition will remain in planning mode, developing three implementation pilot projects that can be completed in one year. These three projects are:

1. **PREVENT TOBACCO RETAIL MARKETING TO YOUTH:** Prevent and reduce tobacco use among youth and young adults.
2. ADOPTION OF HEALTHY BEVERAGE GUIDELINES: Increase availability and affordability of healthy beverages in public and private institutional settings, workplaces and government facilities.

3. JOINT USE AGREEMENTS: Increase opportunities for physical activity through joint use agreements between municipalities, school districts and community-based organizations.

The Steering Committee also voted to reorganize the Coalition Work groups to focus on the three pilot projects. The new work groups are to begin their work in October, having reorganized in September.

Leslie Cooksy reviewed the demographics of the two North Natomas zip codes with extraordinarily high life expectancies with Dr. Lockett, who indicated that at this time there was not enough data to inform us of why this might be.

Judy Robinson shared with Kris Wallach the map of parks in the 15 zip codes of interest with the hope that the Medical Society can hold some of their Walk With A Doc events in these parks.

The Workgroup committee that was to work with the Prevention Institute on the August 28 training on Policy and Organizational Change held a telephone conference call on July 2nd with representatives of the Prevention Institute and sent to them suggestions for panelists to participate in the training.

No further meetings of the Policy Work Group are scheduled. Members of the Policy Work Group will choose one or more of the new, reorganized work groups of the Healthy Sacramento Coalition to attend.