Healthy Sacramento Coalition
Policy Workgroup Meeting
January 9, 2013
2:30 p.m. to 4:30 p.m.
Sierra Health Foundation

Agenda

Meeting Outcomes

- Finalize Policy Recommendations for the Healthy Eating and Active Living Strategic Focus Area

Welcome and Agenda Review – Glennah Trochet, Policy Workgroup Chair
Review and approve the meeting minutes from December 12, 2012

Recap of Tobacco-Free Living action recommendations – Robert Phillips, Sierra Health Foundation

Review of Active Living Recommendations – Teri Duarte, WALKSacramento

1. Promote opportunities for obtaining new federal, state, regional and local funding for street improvements that enhance the safety and convenience of walking and bicycling, with a focus on creating safe routes to schools in the 15 target zip codes in Sacramento County.

2. Develop programs and funding to enhance the utilization of parks in the 15 target zip codes in Sacramento County by encouraging local physicians to incorporate “Park Prescriptions,” that is, the utilization of local parks for exercise and exposure to nature, into routine patient care protocols when appropriate. (May postpone to next meeting)

Review of Healthy Eating Recommendations – Debra Oto-Kent, Dana Fields-Johnson, Health Education Council

Finalize Policies to Recommend to the Healthy Sacramento Coalition– All

Meeting Evaluation– Kelly Bennett-Wofford, Policy Workgroup Co-Chair

Next Meeting Details: Develop Policy Targets for the Evidence-Based Quality Clinical and Preventive Services Strategic Focus Area

Please note HSC Policy Workgroup will have standing monthly meetings the second Wednesday of each month, at 2:30 to 4:30 p.m.

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