Engaging Youth

CATALOGUE OF ORGANIZATIONS AND RESOURCES IN THE SACRAMENTO AREA

Compiled by the Youth Services Provider Network

Updated March 2007
This supplement to *Engaging Youth: A How-To Guide for Creating Opportunities for Young People to Participate, Lead and Succeed* lists organizations in the Sacramento area that provide opportunities for youth to be engaged in their communities. It also includes, for providers, a variety of resources for information and assistance in youth development and engagement.

Sierra Health Foundation’s grant initiative, REACH: Connecting Communities and Youth for a Healthy Future, seeks to engage youth in a variety of contexts, including internships, service, social justice, and advocacy. A major part of the initiative focuses on expanding leadership opportunities for youth, the topic of *Engaging Youth*.

Download both the *Catalogue of Organizations and Resources in the Sacramento Area* and the report *Engaging Youth: A How-To Guide for Creating Opportunities for Young People to Participate, Lead and Succeed* at [www.sierrahealth.org/library/index.html](http://www.sierrahealth.org/library/index.html) or request a print copy at reach@sierrahealth.org.
Youth Organizations

4-H (Sacramento County)
Community-Based Group
Geography: Sacramento County
Frequency of meetings: monthly
How are youth recruited? Advertising through schools and word of mouth

Contact Information
4145 Branch Center Rd.
Sacramento, CA 95827-3898

Phone: (916) 875-6811
Fax: (916) 875-6233
Email: mbird@ucdavis.edu
Contact: Marianne Bird, 4-H Youth Development Advisor

Type of leadership offered
Youth serve on adult board
All-youth advisory group – reports to adult board
Youth group/club – makes own decisions about its work
Leadership training: club officers are all youth

Participation Requirements
Age: 14 to be assistant project leaders
Citywide meetings
Anyone can attend and vote

Organization Goals/Purpose
The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

Adopt-A-School Program
Community-Based Group
Geography: schools in the Sacramento area
Frequency of meetings: quarterly

Contact Information
www.ssums.org/cscrf.asp
5380 Elvas Ave. Suite 214
Sacramento, CA 95819

Phone: (916) 453-0254
Fax: (916) 453-0256
Email: kwallach@ssvms.org
Contact: Kristine Wallach, Program Manager

Organization Goals/Purpose
Places physician volunteers in schools to provide health and science instruction
Alcohol and Drug Services Division (DHHS)

Community-Based Group

Geography: Sacramento County

Frequency of meetings: weekly

How are youth recruited? referrals, self referrals, agencies, parents

Contact Information

www.sacdhhs.com
7001A East Parkway Ste. 500
Sacramento, CA 95823

Phone: (916) 875-2050
Fax: (916) 875-2035
Email: AmbroseC@saccounty.net
Contact: Carla Ambrose, Youth Treatment Coordinator

Type of leadership offered
Youth serve on adult board
Youth group/club – makes own decisions about its work
Leadership training

Participation Requirements
Age: 12-20yrs
Other: Must have a problem with drugs or alcohol

Organization Goals/Purpose
Promotes a healthy community and reduces the harmful effects associated with alcohol and drug use while remaining responsive to and reflective of the diversity among individual families and communities.

Arcade Creek Recreation & Park District

School-Based Group

Geography: residents of the park district & Oakdale Elementary population

Frequency of meetings: daily

Contact Information

www.arcadecreekrecreationparkdist.com
4855 Hamilton St.
Sacramento, CA 95841

Phone: (916) 482-8377
Fax: (916) 483-1320
Contact: Beverly Ellingson, Sr. Recreation Leader

Type of leadership offered
Leadership training

Participation Requirements
Age: K-6 grade
At-risk youth

Organization Goals/Purpose
Ensures quality support to help K-6 students become successful in school and in life. Provide recreation and leisure services to children, at-risk youth, teens, and adults.
Arden Manor Recreation & Park District

Community-Based Group

Geography: N/A

Frequency of meetings: N/A

How are youth recruited? Flyers at school

Contact Information

www.amrpd.org
1415 Rushden Dr.
Sacramento, CA 95864

Phone: (916) 487-7851
Fax: (916) 487-2028
Email: ducky4825@hotmail.com
Contact: Laura Scaglione, Program Manager

Type of leadership offered
Youth serve on adult board

Participation Requirements
Age: 5-12
School grade level: 1st-6th

Organization Goals/Purpose
Allows children the opportunity to learn/try traditional sports and become successful

Boys & Girls Club of El Dorado Co. Western Slope

Community-Based Group

Geography: Western El Dorado County

How are youth recruited? Asked by staff, selected by youth, sign-up sheets

Contact Information

www.bgce.org
P.O.Box 2535
Placerville, CA 95667

Phone: (530) 295-8019
Fax: (530) 344-0185
Email: joan@bgce.org
Contact: Joan Stek, Executive Director

Type of leadership offered
Youth leadership group/club – youth members make own decisions about their work
Torch & Keystone Clubs

Participation Requirements
Age: 10-18

Organization Goals/Purpose
Provides training in governance, community service and leadership
Boys and Girls Club of Greater Sacramento

Community-Based Group

Geography: South Sacramento

How are youth recruited? Membership

Contact Information

www.bgcsac.org
5212 Lemon Hill, Sacramento, CA
Phone: (916) 392-1350
Fax: (916) 392-1835
Email: kwilliams@bgcsac.org
Contact: Kim Williams, Chief Executive Officer

Type of leadership offered
Character and Leadership Programs

Participation Requirements
Age: 6-18

Organization Goals/Purpose
Enables and inspires young children to reach their full potential

Breathe California

Community-Based Group

Geography: Nine-county area surrounding Sacramento
Frequency of meetings: five times/year + committees and special events
How are youth recruited? Selected by youth

Contact Information

www.sacbreathe.org
909 12th St.
Sacramento, CA 95814-2942

Phone: (916) 444-5864
Fax: (916) 444-6661
Email: smitchell@sacbreathe.org
Contact: Shelley Mitchell, Senior Program Manager, Youth Programs

Type of leadership offered
Youth serve on adult board
All youth advisory group – reports to adult board
Leadership training

Participation Requirements
Age: 14-21
Other: Past experience with Assoc. projects

Organization Goals/Purpose
Expands youth involvement to enhance mission of clean air, healthy lungs, and the elimination of lung disease
California Center for Civic Engagement and Youth Development

Community-Based Group (nonprofit/nonpartisan)

**Geography:** Statewide

**Contact Information**

www.californiacenter.org

1220 H St., Suite #102

Sacramento, CA 95814

**Phone:** (916) 443-2229

**Fax:** (916) 443-2297

**Email:** muldavin@californiacenter.org

**Contact:** Jim Muldavin, Founder and Executive Director

**Type of leadership offered**

- Youth serve on adult board
- Youth group/club – makes own decisions about its work
- Leadership training

**Organization Goals/Purpose**

Identify, create and support opportunities for youth ages 12-20 (and their adult allies) to engage in local and statewide decision-making processes including research, education, planning, policy formulation, advocacy, evaluation, grantmaking and program implementation process, as well as participation alongside adults on boards, committees and commissions.

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California Youth Connection, Sacramento Chapter

**Geography:** Sacramento County

**Frequency of meetings:** twice per month

**How are youth recruited?** Open membership of current or former foster youth

**Contact Information**

www.calyouthconn.org

717 K Street, Suite 432

Sacramento, CA 95814

**Phone:** (916) 442-5060 x22

**Fax:** (916) 444-3060

**Email:** jonathan@calyouthconn.org

**Contact:** Jonathan Pearson, North OutReach Coordinator

**Type of leadership offered**

- Youth serve on adult board
- All youth advisory group – reports to adult board
- Youth group/club – makes own decisions about its work
- Leadership training

**Participation Requirements**

- Age: 14-24
- Other: current or former foster youth

**Organization Goals/Purpose**

Supports current and emancipated foster youth to advocate for proposed or adopted legislative policy changes
City of Sacramento Volunteer Program

Government-Based Group

How are youth recruited? Volunteer opportunities are posted through a variety of agencies and on the city’s website.

Contact Information

www.cityofsacramento.org/volunteers
915 I Street, HCH 219
Sacramento, CA 95814

Phone: (916) 808-8317
Fax: (916) 808-1907
Email: mperry@cityofsacramento.org
Contact: Mary Lynn Perry, Volunteer Coordinator

Type of leadership offered Participation Requirements
Youth serve on adult board Age: 12 or older
All youth advisory group – reports to adult board
Leadership training

Organization Goals/Purpose
City of Sacramento provides basic services (water, trash collection, fire and police protection) and amenities (parks, extensive recreation and cultural programs)

City of Sacramento Youth Commission

Government-Based Group

Geography: Sacramento
Frequency of meetings: twice monthly

How are youth recruited? City Council

Contact Information

www.cityofsacramento.org
5730 24th St.
Sacramento, CA 95822

Phone: (916) 808-4066
Fax: (916) 433-4071
Email: crose@cityofsacramento.org
Contact: Cheryl Rose, Program Supervisor

Type of leadership offered Participation Requirements
Youth serve on adult board Age: 14-19
All youth advisory group – reports to adult board Geography: Sacramento Citywide
Youth group/club – makes own decisions about its work
Leadership training

Organization Goals/Purpose
Represents youth issues in council districts
Cornerstone Counseling Service and Education

Community-Based; Group Meetings, Diversion Program at Folsom State Prison

Geography: Sacramento area
Frequency of meetings: weekly
How are youth recruited? referred and interviewed

Contact Information

www.cornerstonecse.org
1001 6th St. suite 101/P. O. Bopx 232043
Sacramento, CA 95823

Phone: (916) 826-4981
Fax: (916) 391-6702
Email: c-stonecse@sbcglobal.net
Contact: Raymond Lozada, Director

Type of leadership offered
Youth group/club – makes own decisions about its work
Other: anger management, high-risk behavior

Participation Requirements
Age: 12-17
At-risk youth
Parents dealing with at-risk youth
Geography: city of Sacramento

Organization Goals/Purpose
Empower guardians; facilitate corrective behavior among youth; provide forums that address at-risk behavior; free training and consulting for organizations dealing with delinquency

Cottage Housing INC./ SKYLAB

Geography: North Highlands
Frequency of meetings: 2 days weekly

Contact Information

5624 Rafferty Ave.
North Highlands, CA 95652

Phone: (916) 283-5798
Fax: (916) 283-5797
Email: jimvetter@sbcglobal.net
Contact: Jim Vetter, Director

Type of leadership offered
Youth group/club – makes own decisions about its work
Leadership training

Participation Requirements
Age: 13-20
Geography: North Highlands
At-risk youth

Organization Goals/Purpose
Accesses skills and support for the next generation of community leaders
Crocker Art Museum
Community-Based Group
Geography: Sacramento region
How are youth recruited? Through partnerships with organizations that serve at-risk youth

Contact Information
www.crockerartmuseum.org
216 O St.
Sacramento, CA

Phone: (916) 264-1961  Fax: (916) 264-7372
Email: emoore@cityofsacramento.org
Contact: Emma Moore, Education Programs Manager

Participation Requirements
Age: 16+

Organization Goals/Purpose
Promotes an awareness & appreciation for the human experience through art

Drug and Alcohol Advisory Board
Government-Based Group
Geography: county
Frequency of meetings: monthly
How are youth recruited? by board

Contact Information
7000 East Parkway
Sacramento, CA

Phone: (916) 875-2050
Fax: 
Contact: Lisa Barber, Administrator of drug and alcohol division

Type of leadership offered
Youth serve on adult board
Participation Requirements
School grade level: high school

Organization Goals/Purpose
Advises county on drug and alcohol services programs and policies
Elk Grove USD
Elk Grove Adult & Community Education

School-Based Group

**Geography:** South Sacramento/Valley Hi area of Elk Grove  
**Frequency of meetings:** twice a month  
**How are youth recruited?** Appointed by staff

**Contact Information**
Sacramento Employment and Training Agency at Elk Grove USD  
8401 A Gerber Rd  
Sacramento, CA 95825

- **Phone:** (916) 681-5036  
- **Fax:** (916) 689-4372  
- **Email:** ydperezp@delpaso.seta.net  
- **Contact:** Yolanda Diaz-Perez, Youth Specialist

**Type of leadership offered**
- Youth serve on adult board  
- Youth group/club – makes own decisions about its work  
- Leadership training

**Participation Requirements**
- Age: 14-18  
- Geography: Elk Grove school district  
- Other: At risk, economic need

**Organization Goals/Purpose**
Develops work readiness skills, academic success, and leadership tools

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Employment Development Department

**Geography:** Sacramento  
**Frequency of meetings:** weekly  
**How are youth recruited?** walk-in or referrals from other agencies

**Contact Information**
www.edd.ca.gov  
2901 50th St., Sacramento, CA 95817  
- **Phone:** (916) 227-0301  
- **Fax:** (916) 227-0208  
- **Email:** rswitzer@edd.ca.gov  
- **Contact:** Raylene Switzer, Program Manager

**Participation Requirements**
- Age: 15-21  
- School grade level: 9-12 grade or in college

**Organization Goals/Purpose**
Provides service to youth to assist them in achieving their educational and vocational goals
Fair Oaks Recreation and Park District
Community-Based Group
Geography: Fair Oaks Community
Frequency of meetings: monthly
How are youth recruited? application and interview by adult advisory board

Contact Information
www.fairoakspark.org
4150 Temescal
Fair Oaks, CA 95628
Phone: (916) 966-1036
Fax: (916) 966-9863
Email: kcross@fairoakspark.org
Contact: Katy Coss, Recreation Coordinator

Type of leadership offered Participation Requirements
Youth group/club – makes own decisions Geography: Live or go to school in Fair
about its work Oaks
School grade level: 9-12
At-risk youth
Other: GPA 2.75 min. no Ds or Fs

Organization Goals/Purpose
Plans community service special events for all sectors of the community

Folsom Parks and Recreation
Community-Based Group
Geography: Folsom only
Frequency of meetings: monthly
How are youth recruited? Interested youth can apply by contacting the number; an applica-
tion will be sent to them.

Contact Information
www.folsom.ca.us
50 Natoma St.
Folsom, CA 95630
Phone: (916) 355-7366
Fax: (916) 351-5931
Email: slinnane@folsom.ca.us
Contact: Susanne Lianne, Recreation Supervisor

Type of leadership offered Participation Requirements
Youth group/club – makes own decisions about its work School grade level: high school

Organization Goals/Purpose
Provides fund-raising help for middle-school teen center and implements activities for high school teens
Friday Night Live/ Club Live

School-Based Group

**Geography:** Sacramento County Office of Education

**Frequency of meetings:** bi-monthly or weekly

**How are youth recruited?** schools & communities

**Contact Information**

Sacramento County Office of Education, 10474 Mather Blvd.
P.O. Box 269003
Sacramento, CA 95826-9003

Phone: (916) 228-2418  Fax: (916) 228-2216
Email: jorrock@scoe.net
Contact: Joelle Orrock, Coordinator

**Type of leadership offered**

- All youth advisory group
- Youth group/club – makes own decisions about its work
- Leadership training

**Participation Requirements**

School grade level: middle and high school

**Organization Goals/Purpose**

Builds partnerships for positive youth development by engaging young people as active leaders and resources in their communities

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Global Youth Charter School

School-Based Organization

**Geography:** Sacramento and Placer counties

**Frequency of meetings:** daily (M-F)

**How are youth recruited?** Volunteer. Volunteers then vote on representatives.

**Contact Information**

www.centerusd.k12.ca.us/gy
3243 Center Court Lane #37
Antelope, CA 95843

Phone: (916) 339-4689  Fax: (916) 339-4684
Email: addieellis@centerusd.k12.ca.us
Contact: Addie Ellis, Dean of Students

**Type of leadership offered**

- Youth serve on adult board
  - All youth advisory group – reports to adult board
  - Leadership training
- Leadership class in a school during the day
- Youth group/club – makes own decisions about its work

**Participation Requirements**

School grade level: 9th and 10th (adding 11th/12th)

Other: Desire to learn and be active in community

**Organization Goals/Purpose**

Provides students the opportunity to accelerate their high school career with a focus on community service and civic involvement.
Grants Advisory Board for Youth (GABY), Sacramento Region Community Foundation

Community-Based Group

**Geography:** Sacramento County and parts of Amador, El Dorado, Nevada, Placer, Solano, Sutter, Yolo and Yuba counties—approximately a one-hour drive from the Capitol.

**Frequency of meetings:** monthly with occasional weekend meetings

**How are youth recruited?** Application materials are available on the foundations’ web site, and we conduct outreach to schools and youth programs

### Contact Information

[www.sacregcf.org](http://www.sacregcf.org)

740 University Ave., Suite 110

Sacramento, CA 95825

**Phone:** (916) 921-7723

**Fax:** (916) 921-7725

**Email:** suzanne@sacregcf.org

**Contact:** Suzanne Mayes, Program Officer

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<th>Type of leadership offered</th>
<th>Participation Requirements</th>
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<tr>
<td>All youth advisory group – reports to adult board</td>
<td>Age: 12-19</td>
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**Organization Goals/Purpose**

Provides youth with the opportunity to make decisions on allocation of funding that directly affects young people; teaches youth about community involvement and philanthropy and teaches meaningful skills

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La Familia Counseling Center

Community-Based Group

**Geography:** Sacramento County

**Frequency of meetings:** monthly

**How are youth recruited?** Appointed by staff and selected by youth

### Contact Information

5523 34th St.

Sacramento, CA

**Phone:** (916) 452-7628

**Fax:** (916) 452-7628

**Email:** anitab@lafcc.com

**Contact:** Anita/Jennifer Barnes/Peterson, Director/Manager

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<td>Youth serve on adult board</td>
<td>Age: 14-21</td>
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<td>Youth group/club – makes own decisions about its work</td>
<td>Geography: Sacramento</td>
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<tr>
<td>Leadership class in a school during the day</td>
<td>At-risk youth</td>
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<td>Leadership training</td>
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**Organization Goals/Purpose**

Provides input on youth programs and year-round activities; works with youth specialist to determine monthly calendar for employment related activities
Mission Oaks Recreation & Park District

Government-Based Group

Geography: Carmichael area

Frequency of meetings: weekly

Contact Information

www.morpd.com
3344 Mission Ave.
Carmichael, CA 95608

Phone: (916) 488-2810
Fax: (916) 488-4349
Email: dahlberg@morpd.com

Contact: Rooney Dahlberg, Supervisor of Recreation Services

Type of leadership offered
Leadership class in a school during the day
Leadership training

Participation Requirements
Age: 11-15
School grade level: 6-10th
Geography: Mission Oaks

Organization Goals/Purpose
Builds leadership skills and trains staff to become paid staff

Mutual Assistance Network,
Youth Investment Center

Community-Based Group

Geography: Del Paso Heights

Contact Information

www.mutualassistance.org
577 Las Palmas Ave.
Sacramento, CA 95838

Phone: (916) 286-7566
Fax: (916) 236-2145
Email: r_melton@sbcglobal.net

Contact: Rebecca Melton, Program Manager

Type of leadership offered
All youth advisory group – reports to adult board
Leadership training

Participation Requirements
Geography: Del Paso Heights area
At-risk youth
Foster youth encouraged

Organization Goals/Purpose
Advises Youth Investment Center on goals and objectives
Rancho Cordova Parks and Recreation

Government-Based Group

**Geography:** Cordova Parks and Recreation District boundaries

*How are youth recruited?* Interviewed by staff and other parties

**Contact Information**

www.CPRD.com
2197 Chase Dr.
Rancho Cordova, CA 95670

*Phone:* (916) 362-1841
*Fax:* (916) 362-9602
*Email:* CRPD@CRPD.com
*Contact:* Trish Lindvall, General Recreation Supervisor

**Type of leadership offered**

All youth advisory group – reports to adult board
Youth group/club – makes own decisions about its work
Leadership class in a school during the day

**Organization Goals/Purpose**

Provides programs, facilities, and opportunities for the community

Random Acts of Kindness (RAK)

School-Based Group

**Geography:** greater Sacramento Region

**Frequency of meetings:** weekly

*How are youth recruited?* Anyone can join

**Contact Information**

www.djusd.k12.ca.us/district
Davis High School 315 W. 14th St.
Sacramento, CA 95616

*Phone:* (530) 757-5400
*Fax:* (530) 757-5492
*Email:* dkimokeo@djusd.k12.ca.us
*Contact:* Deborah Kimokeo, Crisis Guidance Mgr.

**Type of leadership offered**

Youth group/club – makes own decisions about its work

**Participation Requirements**

School grade level: 10th -12th

**Organization Goals/Purpose**

Encourages practice of kindness and good will in school and larger community
Sacramento Children’s Coalition
Government-Based Group
Geography: Sacramento County
Frequency of meetings: monthly
How are youth recruited? Appointed by Board of Supervisors

Contact Information
www.communitycouncil.org
909 12th St. suite 200
Sacramento, CA 95814

Phone: (916) 447-7063
Fax: (916) 447-7052
Email: sway@communitycouncil.org
Contact: Sara Way, Program Manager

Type of leadership offered: Youth serve on adult board
Participation Requirements:
Age: under 24
School grade level: high school sophomore- senior
Geography: resides, or attends school, in county

Organization Goals/Purpose:
Advises the County Board of Supervisors; assesses community needs, evaluates existing services, and makes recommendations to the Board and other policy-making bodies to promote the health and well being of children and families in Sacramento County

Sacramento County Youth Commission
Government-Based Group
Geography: County of Sacramento
Frequency of meetings: monthly
How are youth recruited? Appointed by board

Contact Information
www.saccounty.net/commissions/youth-commission
909 12th St., Suite 200
Sacramento, CA 95814

Phone: (916) 874-5833
Fax: (916) 874-5833
Email: mwatts@communitycouncil.org
Contact: Michelle Watts, Program Coordinator

Type of leadership offered: All youth advisory group – reports to adult board
Participation Requirements:
Age: 12-18 yrs and if appointed can stay until 21

Organization Goals/Purpose:
Serves as an advisory body to the Board of Supervisors on planning and policy issues related to youth issues
Sacramento FACES

Community-Based Group

*Geography:* Sacramento County

*Frequency of meetings:* monthly

*How are youth recruited?* Appointed by board

**Contact Information**

5735 47th Ave, Box 758
Sacramento, CA 95824

*Phone:* (916) 643-9153

*Fax:* (916) 643-9455

*Email:* miless@sac-city.k12.ca.us

*Contact:* Shireen Miles, President

**Type of leadership offered**

Youth serve on adult board

**Participation Requirements**

Age: 15-21

**Organization Goals/Purpose**

Strives to make a measurable difference in the achievement gap by strengthening the assets of children, youth, and families

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Sacramento Food Bank & Family Services

Community-Based Group

*Geography:* Sacramento Valley

*Frequency of meetings:* weekly

*How are youth recruited?* Selected by staff

**Contact Information**

www.sfbs.org

3333 Third Ave.
Sacramento, CA 95817

*Phone:* (916) 456-1980

*Fax:* (916) 451-5920

*Email:* jrhine@sfbs.org

*Contact:* Jeremiah Rhine, Programs Director

**Type of leadership offered**

Leadership training

**Participation Requirements**

Age: 13 and up

**Organization Goals/Purpose**

Assists those in need by alleviating their immediate pain and problems and by walking with them on their path toward self-sufficiency and financial independence.
Sacramento Works Youth Council

Government-Based Group

Geography: Sacramento County

Frequency of meetings: monthly

How are youth recruited? Referrals

Contact Information

www.seta.net
925 Del Paso Blvd.
Sacramento, CA 95815

Phone: (916) 263-3866
Fax: (916) 263-5427
Email: christine@delpaso.seta.net
Contact: Christine Welsch, WorkForce Development Manager

Type of leadership offered
Youth serve on adult board

Organization Goals/Purpose
Supports the positive development of youth by creating a seamless system for youth in the community to become productive, caring, and civic-minded adults

San Juan Unified School District, WIA

School-Based Group

Geography: school district

Contact Information

4640 Orange Grove Avenue
Sacramento, CA 95841

Phone: (916) 971-7395
Fax: (916) 971-7401
Email: sbrown@sanjuan.edu
Contact: Stacey Brown, Supervisor

Type of leadership offered
Youth group/club – makes own decisions about its work

Participation Requirements
Age: 14-18

Organization Goals/Purpose
Provides support to youth to be successful in their educational and vocational goals
Western Placer USD After-School Program

School-Based Group

Geography: School district

How are youth recruited? Appointed by staff, self involvement or parent involvement

Contact Information
510 J St. Lincoln, CA 95648
Phone: (916) 645-5135
Fax: (916) 645-5136
Email: rigaamy@wpusd.k12.ca.us
Contact: Amy Riga, After School Coordinator

Type of leadership offered
Youth group/club – makes own decisions about its work

Participation Requirements
School grade level: 1st-8th
Geography: school site

Organization Goals/Purpose
Provides students with academic support, enrichment, and recreation activities

YouthWorks Sacramento County: DHHS

Government-Based Group

Geography: Oak Park, William Land Park

Frequency of meetings: Daily

Contact Information
www.sacdhhd.com/youthworks
3415 Martin Luther King Blvd.
Sacramento, CA 95817

Phone: (916) 875-2965
Fax: (916) 875-2921
Email: hubbard@saccounty.net
Contact: Dennis Hubbard, Recreation Specialist

Type of leadership offered
Youth serve on adult board
All youth advisory group – reports to adult board
Youth group/club – makes own decisions about its work
Leadership class in a school during the day
Leadership training

Participation Requirements
Age: 12-18
Geography: zip codes 95814, 95816, 95817, 95820

Organization Goals/Purpose
Fosters the development of academic and other skills necessary for future employment
Resources

Youth leadership training resources

www.californiacenter.org
The California Center for Civic Participation trains youth around policy making processes, especially state level policy. They also offer training for youth leaders through their Capitol Focus program, Political Discovery program (for 8th graders), and summer institutes for youth from around the state. Each program is offered at various times throughout the year. The Center also offers a year-long leadership program for high school youth in the region and helps schools set up youth action leagues. Jim Muldavin, (916) 443-2229, muldavin@californiacenter.org

www.CASC.net
California Association of Student Councils (CASC) provides training to junior high and high school youth who serve on student government or who are interested in leadership roles. The trainings are offered at various times around the state. Annual conferences are also planned. (510) 834-2272

www.YLI.org
Youth Leadership Institute (YLI) builds communities where young people and their adult allies come together to create positive social change. The YLI designs and implements community-based programs that provide youth with leadership skills in the areas of drug and alcohol abuse prevention, philanthropy, and civic engagement. Building on these real-world program experiences, YLI creates curricula and training programs that enable them to foster social change efforts across the nation, all while promoting best practices in the field of youth development. (415) 836-9160

www.leed.org (look under Youth Development)
LEED’s Youth Services Provider Network offers training for youth and adults on setting up peer programs (conflict mediation, peer educators and peer advocates), being a youth advisory board member, being a leader, consensus building, facilitation, project planning, and building youth and adult partnerships. The YSPN also offers their Youth Development Institute (YDI). The YDI is a 50-hour training for adults on youth development principles and practices. The YSI also includes follow-up organization coaching. For information on the YDI, contact Adrian Ruiz, (916) 308-7082. For all other YSPN-related questions, contact Andy Paul, (916) 231-5333.

www.youthinfocus.net
Youth in Focus trains teams of youth to be researchers in their community and then to take social action based on their research findings. They have supported Freedom Bound Center in Sacramento as well as the Youth as Active Citizens project (YAC) in the Sacramento City Unified School District SCUSD. (530) 758-3688
www.pyli.org
Prudential Youth Leadership Institute (PYLI) is a project under the Points of Light Foundation. The PYLI has excellent curriculum to train teams of youth on how to implement community service projects. The PYLI also trains local trainers who then train youth on how to implement the project, which is also developed by the youth. Email: pyli@pointsoflight.org

www.cpyinc.org
This organization offers training and curriculum to organizations and youth about the role of youth as trustees and partners in the government process. They have good training materials for youth who serve on boards as trustees. (317) 875-5756, or e-mail thejourneyemail@aol.com

Leadership conferences
Various groups in Sacramento annually offer short youth leadership conferences. These include:

- African American Youth Leadership Program (AAYLP), a division of the Research and Policy Institute of California, offers annually a weeklong conference at no cost to those African-American 10th and 11th graders whose applications are selected. (916) 441-3967

- The Chicano Latino Youth Leadership Project, Inc. (CLYLP) offers an annual weeklong conference at no cost to those Chicano or Latino 10th and 11th graders whose applications are selected. (916) 446-1640, www.clylp.com

- The Asian Pacific Youth Leadership (APYLP) offers an annual weeklong all-expense paid conference to Asian and Pacific Islander juniors and seniors whose applications are selected. (916) 497-0776, or e-mail info@apylp.org.

- Oak Park Multi Services Center youth leadership camp. This is a free youth-run camp offered in June that teaches youth leadership skills. For further information contact Marilyn McGinnis at (916) 875-2979.

- American Leadership Forum (ALF) Teen Leadership Camp. This camp was created by ALF, an adult leadership program, specifically for teens. The camp takes 25 youth to a weekend leadership camp to examine leadership and diversity. ALF adult alumni attend the camp as well to support and connect with the youth participants. For further information contact Bina Lefkovitz at (916) 231-5333 or Jay Schenirer at (916) 752-3609.
Leadership training within national youth leadership organizations

- 4H offers several statewide conferences for youth who are 4H members. Contact Marianne Bird, 4H Youth Development Advisor, at (916) 875-6811.

- Boy Scouts and Girl Scouts also offer leadership training for youth in their programs. For further information contact the following:
  
  Girl Scouts—(800) 322-4475
  
  Boy Scouts—(800) 427-1417

- Friday Night Live also provides leadership training for its Friday Night Live clubs at area high schools and middle schools. Contact Joelle Orrock at (916) 228-2418.

Web and Other Resources

www.theinnovationcenter.org
Innovation Center for Community and Youth Development
The Innovation Center seeks out new and innovative practices on the local level, develops and studies them, and then shares them to foster the growth of successful youth development strategies

www.atthetable.org
At the Table
A website sponsored by The Innovation Center and 4-H to provide a forum where youth and adults can share practices, news, and research

www.youthonboard.org
Youth On Board
An organization concerned with youth participation in decision-making. High-quality materials and practices. Much of their material is for sale, but there are lots of links to good free resources also.

www.whatkidscando.org
What Kids Can Do (WKCD)
A national not-for-profit organization founded in 2001 for the purpose of making public the voices and views of adolescents. On its website, WKCD documents young people’s lives, learning, and work, and their partnerships with adults both in and out of school.

WKCD also collaborates with students around the country on books, curricula, and research to expand current views of what constitutes challenging learning and achievement.
www.youthactivism.com
An excellent resource center for youth and adult allies for helping youth become agents of change. The website contains excellent resources, including ideas for recruitment and outreach.

www.ydsi.org
Youth Development Strategies, Inc. (YDSI)
This is the website of the organization led by Michelle Gambone, a leading youth development researcher and co-developer of the youth development framework used by the YSPN’s Youth Development Institute. Publications document links from youth development supports and opportunities to improved outcomes for youth. The website contains substantial research basis for youth development practice.

www.cnyd.org
Community Network for Youth Development (CNYD)
Based in San Francisco, CNYD offers support, training and capacity building resources to youth-serving organizations and programs throughout the state and nation. The website contains information on best practices, youth development research and upcoming workshops.

www.nww.org
New Ways to Work offers excellent materials on involving youth in Youth Councils. Funded by the Workforce Investment Act (WIA).

www.nydic.org
The National Youth Development Information Center offers a data base of more than 1,000 abstracts, articles, and reports on youth development.

www.nylc.org
The National Youth Leadership Council is dedicated to supporting communities and schools in engaging youth in leadership and service. This site offers great research and links to the national service-learning web sites and national youth leadership training opportunities.

www.wsysn.org
Western States Youth Services Network is a federally funded technical assistance provider for runaway and homeless youth programs. They annually co-sponsor a youth leadership and advocacy conference in Sacramento. They provide training around community youth development, training for youth development practitioners, such as Advancing Youth Development, and also training around the Institute of Cultural Affairs facilitation methods.
www.forumforyouthinvestment.org
Excellent articles on research in the field of youth development, youth action, civic engagement and school reform. The Forum works at the national level to be a strong voice for the Youth Development Approach. The Forum’s president is largely responsible for raising the level of awareness of this approach at a national level.

www.gardnercenter.stanford.edu
The John Gardner Center at Stanford University is dedicated to promoting community youth development through bridging research and practice, supporting community action, and sharing what works. The Gardner Center works closely with three communities in the San Francisco Bay Area, helping these localities build the infrastructure needed to serve youth better by creating alliances among community leaders, schools, organizations, and youth. The center also produces research for the field using Stanford faculty and student resources.

www.search-institute.org
A national organization that promotes the 40 developmental assets through training, publications, national awareness building, community surveys and technical support to communities who are interested in promoting the 40 assets approach.