Healthy Sacramento Coalition CTG Grant – Proposed Policies

Theme: Promote Public Health, Safety and Livability through Community Design and the Built Environment

Objective: Master plans, residential developments, mixed use, commercial, office and retail developments in existing and new communities that are designed, built and maintained so as to promote the health, safety and livability of residents, employees, visitors and the community.

Policies – Active Living, Healthy Eating, Healthy & Safe Physical Environments

1. Advance a built environment that promotes and supports physical activity.

2. Advance a built environment that promotes and supports improved air quality and multiple transportation modes.

3. Advance a built environment that promotes and supports access to locally-grown fresh food, parks, schools, shopping, jobs, health care and community services.

4. Support walking, bicycling and transit use, reducing auto dependency in order improve the health of county citizens and improve the region’s air quality.

5. Support walking and bicycling by requiring complete streets (bike lanes and sidewalks separated from the roadway with tree planted landscaping) in transit priority areas, existing and new communities and developments wherever practicable.

6. Endeavor to protect homes from major sources of outdoor air pollution and mitigate for impacts by improving indoor air quality in residences, planting trees that help to filter particulates and other measures.

7. Encourage the provision of safe, convenient opportunities to purchase local fresh fruits and vegetables by ensuring that sources of healthy foods are accessible to neighborhoods. In urbanized communities access should be within half a mile of transit priority areas.

8. Advance residential subdivision and commercial building design that supports crime prevention by utilizing Crime Prevention Through Environmental Design (CPTED) principles.

9. Continued county participation in the Healthy Sacramento Coalition, whose goal is to reduce tobacco use, obesity, death and disability due to chronic disease, reduce health disparities, build a safe and healthy physical environment, and improve the social and emotional well-being of Sacramento County residents.
### STRATEGY: IMPLEMENTATION PROGRAMS

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<th>Strategy 1: Promote Public Health, Safety and Livability through Community Design and the Built Environment</th>
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| **1a.** Evaluate Healthy Sacramento communities’ measures promoting physical activity, access to services and healthy foods, and creating safer communities and reducing crime through environmental design measures for inclusion into the county’s Folsom Boulevard Transit Area Plan and into the new Zoning Code. The Healthy Communities measures will be those recommended by the Healthy Sacramento Coalition Community Action Plan.  
   **Objective:** Incorporate Healthy Communities and crime reduction measures into the Folsom Boulevard Transit Area Plan and new Zoning Code  
   **Target Date:** June 2016 |
| **1b.** Continue to provide and promote the use of bicycle and pedestrian trails, lanes and sidewalks, through master planning walkability principles and connectivity in project planning, capital projects and strategic partnerships. Within existing communities, efforts shall be made to reduce driveways and promote cross access agreements and shared parking, and identify new pedestrian access/easements that reduce block length, provide sidewalks and bike lanes and, where absent, promote connectivity and advance smart growth streets where appropriate.  
   New residential and residential mixed-use infill development should help promote walkability, physical activity and create bicycle and pedestrian connectivity through:  
   - Creating and providing open space connections for multiple residential projects utilizing storm water quality, utility easements and other opportunities to integrate trails within urban development.  
   - Invest in transit-oriented and non-motorized residential and residential mixed-use development projects that promote urban density, economic vitality, street connectivity and attractive public transportation choices.  
   - Trail system linkages to roads and park-and-ride facilities, and sidewalk projects that create more walkable residential communities and safe bicycle lanes.  
   - Allow neighborhood retail, service and public facilities within walking distance of residential areas, where residents will be able to walk to meet their daily needs, whenever appropriate.  
   - Consider services that reduce the need for residents to drive to meet their daily needs. Such services might include grocery and fresh food access within walking distance, mobile or virtual health clinics, retail near residential.  
   - Supporting shorter block lengths.  
   **Objective:** Provide and encourage walking, bicycling and use of transit in residential communities. Diminish auto dependency. Improve air quality and minimize environmental impacts.  
   **Target Date:** Ongoing, 2013-2021 |
| **1c.** Increase opportunities for locating providers of fresh produce (grocery stores, farmers markets, produce stands) near existing neighborhoods, particularly low-income neighborhoods, and also in new master plan areas.  
   **Objective:** Encourage providers of fresh produce to locate near existing and new neighborhoods  
   **Target Date:** June 2016 |
1d. Amend the Zoning Code to include community gardens as an amenity in required open space areas of new multifamily projects.

**Objective:** Amend the Zoning Code to include community gardens in multifamily projects.
**Target Date:** June 2016

1e. When the opportunity arises, ensure that some county staff members take classes in reducing crime through environmental design.

**Objective:** Review of development plans to discourage crime.
**Target Date:** June 2014

1f. Incorporate reducing crime through environmental design measures into the county’s new Development Code and Folsom Boulevard Transit Area Plan to discourage crime, and encourage compatible uses.

**Objective:** Review of development plans and uses to discourage crime and increase safety.
**Target Date:** June 2014

1g. Work with the Sacramento County Regional Parks Department and other park agencies to promote health and safety in parks.

**Objective:** Raise community awareness of access to parks and encourage healthy behavior changes through a “Park Prescription” program to walk and bike more in public parks and neighborhoods.
**Target Date:** June 2013

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Funding for this project is provided in whole by the Centers for Disease Control and Prevention’s (CDC) Community Transformation Grant, 1U58DP003522, as part of the Prevention and Public Health Fund of the Affordable Care Act. The views expressed in this project do not necessarily reflect the official policies of the CDC or imply endorsement by the U.S. Government. Learn about Community Transformation Grants at [http://www.cdc.gov/communitytransformation](http://www.cdc.gov/communitytransformation).