Primary Prevention for Change:  
A Community Approach to Promoting Health and Equity  
July 25, 2013  
9:00 am – 2:30 pm  
Sierra Health Foundation  

This training is being conducted by:  

Training Objectives:  
- Understand how underlying factors in communities shape health outcomes  
- Understand how underlying factors in communities shape health inequities.  
- Build skills in utilizing the Spectrum of Prevention to develop a multi-faceted, comprehensive plan.  

9 a.m. Welcome and Overview  

**Prevention Works!**  
*Provides participants a framework for understanding how underlying factors in communities shape health and affect health inequities. Lays the foundation for understanding why policy and organizational practice change are critical for changing behaviors and norms.*  

Break  

10:45 a.m. Two Steps to Prevention Activity  

*Develops participants’ skills in exploring the underlying community determinants of health to understand the root causes of poor health outcomes.*  

**Framing Prevention**  
*Enhances participants’ ability to explain the value of primary prevention and an environmental approach to health outcomes*  

12 p.m. Lunch  

12:30 p.m. Introducing the Spectrum of Prevention  

*Introduces strategies for identifying multiple levels of intervention to formulate a comprehensive approach to addressing health equity utilizing the Spectrum of Prevention.*  

Break  

1:35 p.m. Applying the Spectrum Activity  

*Utilizes the Spectrum of Prevention to develop comprehensive efforts for chronic disease prevention.*  

2:30 p.m. Closing and Evaluation  

*Please submit your meeting evaluation form – Thank You*  

The Healthy Sacramento Coalition is made possible by funding from the Centers for Disease Control and Prevention.