Our Vision
A healthful life for Northern Californians

Our Values
We seek opportunities to support innovative ideas and solutions
We support collaboration as a means to achieve our vision
We value diversity in culture and perspective to expand the impact of our work
We strive for excellence in our work and the work of our partners
We uphold high ethical standards and act with integrity
We accept our responsibility as stewards of the foundation’s resources
We hold ourselves accountable for what we set out to accomplish

Sierra Health Foundation is a private philanthropy with a mission to invest in and serve as a catalyst for ideas, partnerships and programs that improve health and quality of life in Northern California. The foundation is committed to improving health outcomes and reducing health disparities in the region through convening, educating and strategic grantmaking.
In celebration of Sierra Health Foundation’s 25th year, we present to you our anniversary report, *Partnerships with Purpose*. We produced this report to be more than a commemoration of the foundation’s past achievements and current efforts. It is also meant to present our aspirations for work we will embark on in the future. At the very core of our celebration is our desire to express our sincere appreciation for the tremendous contributions that numerous organizations have made to our story. We express this gratitude for work well done, while inviting new partners to join us as we fashion what we hope will be an even more successful future.

*Partnerships with Purpose* begins with a timeline of our work over the past 25 years. This section affords us the opportunity to reflect upon efforts undertaken by the foundation in pursuit of its mission to improve the health and well-being of Northern Californians. What you will find here are grants that launched new organizations, implemented bold initiatives to address emerging and longstanding social issues, and provided support for a diverse cadre of innovators, thought leaders and visionaries working to improve communities across our funding region.

While we are proud of the grants we have made, we believe our most powerful accomplishment has been our success in seeking out and joining an impressive number of community, nonprofit and public sector partners who share our vision, values and commitment. We know from experience that absent these relationships, there would be far less for us to celebrate at this memorable juncture in our history.

Moving deeper into the report, we preview some of the emerging ideas, technologies and strategies we believe hold promise for future work. We begin here by acknowledging the fact that our mission is far from complete, and that economic and demographic forces will continue to pose new challenges for our region. We believe that both of these realities also present new opportunities. While we can’t predict precisely where and how these issues will present themselves, we do pledge to continue to do all we can to ensure that good health and regional prosperity prevail.

Finally, and most importantly, we want to express our optimism about the future and our belief that our best chance for achieving a healthful life for all Northern Californians remains the time-tested strategy of partnership. We also reaffirm our commitment to our mission, which we believe is more relevant today than ever before. Accordingly, we invite you to join with us as we celebrate our continuing journey and we hope you will invite us to be a partner in yours.

CHET P. HEWITT, PRESIDENT AND CEO
NANCY P. LEE, BOARD CHAIR
Together, we recognize and address important factors that influence health and well-being, such as a person’s education, income, housing, environment, behavior and social networks. Our partners are diverse — nonprofit organizations, public agencies, businesses and community-based organizations. They are on the front lines, identifying needs and opportunities to improve health and reduce health disparities in our region. Their communities are rural and urban, large and small. They may serve the region, a county, a city, a neighborhood or a specific population.

Each partner has an important purpose.
When we look back on our first 25 years we see a bright tapestry of faces.
We see young people nurtured into adulthood. We see community members united for change. We see leaders and healers, teachers and students, visionaries, advocates, workers and volunteers. We see seniors and school kids, toddlers and teens, mothers with babies, families engaged and supported.

Partnerships make extraordinary change possible. This report is a celebration of the power of partnership. It chronicles the many ways Sierra Health Foundation and our partners work together to inspire, involve and innovate.

We invite you to share our history, our successes and our future.

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### 25 YEARS OF IDEAS, INNOVATIONS AND IMPACTS

- **1984** HMO Foundation Health Plan creates nonprofit Sierra Foundation for Health. The foundation’s mission is to “fund and support the health and health-related needs and concerns of the public.”
- **1985** Grant funding begins in the five-county Sacramento region
- **1985 Early Grants** • 44 Grants Awarded
  Focus Areas — Services to benefit patients with AIDS, diabetes, heart disease, Alzheimer’s, alcoholism and other diseases; small community-based organizations; regional college and university programs
- **1987** Funding region expands to 26 counties: Alpine, Amador, Butte, Calaveras, Colusa, El Dorado, Glenn, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento, San Joaquin, Shasta, Sierra, Siskiyou, Solano (eastern), Stanislaus, Sutter, Tehama, Trinity, Tuolumne, Yolo, Yuba
- **1988** Nonprofit Resource Center created to strengthen capacity of nonprofits in the region
- **1988–1991** Northern California AIDS Initiative provides support to 42 organizations in 10 counties
- **1989–1992** Prenatal Care Access Initiative increases access to prenatal care and improves childbirth outcomes for low-income women
- **1992** Foundation name becomes Sierra Health Foundation
- **1993–2003** Community Partnerships for Healthy Children supports community building with a 10-year, $17 million commitment to improve children’s health
- **1994** Sierra Health Foundation opens its new buildings on Garden Highway
- **1995** Sacramento Children’s Home receives Sierra Health Foundation support to establish the Sacramento Crisis Nurseries
- **1995** Special Funding Grants • $1 million to establish the Sierra Health Foundation Clinical Research Institute on the UC Davis Medical Center campus
- **1995–1997** Telehealth/Telemedicine • Sierra Health Foundation funds an assessment of the need for telehealth/telemedicine networks, supports a statewide summit, and grants $225,000 to California Healthcare Association to support the California Telehealth/Telemedicine Center
- **1995–1999** Managed Care Program responds to major changes in healthcare system
- **1996** Rural Health Care Access Grant to University of California, Davis to improve access to primary care services in rural Northern California
- **1997** Disaster Funding • Sierra Health Foundation and partners respond to emergency needs caused by catastrophic Northern California flooding. $1 million in grants generates $3 million of in-kind donations and volunteer labor
- **1999–2010** brightSMILES Dental Health Partnership brings oral healthcare to preschoolers and school-aged children
- **2001** Health Leadership Program begins, with education partner University of Southern California
- **2001** Sierra Health Foundation partners with Safetyville in Sacramento County to support its youth education program
- **2002–2007** Organizational capacity building grants strengthen nonprofits
- **2003** Grizzly Creek Ranch Camp and Conference Center opens in Plumas County
- **2006–Current** REACH: Connecting Communities and Youth for a Healthy Future supports healthy development of youth with an $8 million commitment
- **2008** Responsive Grants Program awards $1.2 million to improve healthcare access, promote health and expand health insurance
- **2009** Responsive Grants Program addresses economic downturn, awarding $1 million for emergency safety-net services throughout 26-county funding region
- **2009** Nonprofit Innovation Center, a new concept in multi-tenant nonprofit collaboration, opens on the Sierra Health Foundation campus

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"We believe all children deserve to be nurtured, encouraged and supported."

INVESTING IN YOUNG PEOPLE

WITH THE RIGHT OPPORTUNITIES — AND SUPPORT FROM FAMILIES AND COMMUNITIES — YOUNG PEOPLE GROW STRONG, RESILIENT AND SELF-SUFFICIENT. OUR CHILDREN ARE OUR FUTURE. THEY ARE ALSO OUR RESPONSIBILITY.

OUR BROAD DEFINITIONS OF “HEALTH” AND “HEALTHY YOUTH DEVELOPMENT” HAVE INSPIRED GROUND-BREAKING PROGRAMS AND CREATIVE COMMUNITY PARTNERSHIPS. HERE ARE SOME OF THE HIGHLIGHTS OF OUR YOUTH-CENTERED INITIATIVES.
Community Partnerships for Healthy Children (CPHC)

“Communities mobilizing resources to improve the health of young children”

When we launched CPHC in 1993, the idea of improving children’s health by building stronger communities was experimental. Today, the technique of forming grassroots partnerships to leverage existing resources — community building — is widely recognized and employed.

CPHC Overview

10-YEAR INITIATIVE

◆ $17 million invested
◆ Program focused on children aged 0 to 8 years
◆ 31 collaboratives created in 18 counties
◆ Partnerships focused on health access, parenting issues, school readiness and achievement, after-school recreation and early childhood development
◆ Many CPHC collaboratives continue today

Grizzly Creek Ranch Camp and Conference Center

2003-CURRENT

Situated on 1,500 acres of alpine beauty in Plumas County, Grizzly Creek Ranch and Conference Center has benefited thousands of children and youth since opening in 2003.

The camp was designed for children with medical, physical, developmental and behavioral challenges, as well as those considered at risk due to social and economic factors. Its founding purpose was to improve health, independence and life skills by exposing campers to the wonders of nature in an accessible and accepting environment.

Learn about new camp programming on page 15.

CPHC COLLABORATIVE SPOTLIGHT

West Modesto/King Kennedy Neighborhood Collaborative

Parents and community members identified several concerns in the areas of education, health, housing, jobs and safety. The Collaborative reached out to and brought together essential partners within the community to address these concerns. Partners, initiatives and results include:

◆ Collaborative staff and residents participate in school site council and serve as community liaisons for students and families.
◆ Modesto City Schools initiated and expanded after-school programs.
◆ The Collaborative established an annual reception/forum for all target area teachers and administrators to share the community’s concerns regarding education and elimination of drop-outs and suspensions.
◆ City of Modesto Parks, Recreation and Neighborhoods Department instituted activities for children and families, engaging youth volunteers in recreational programs.
◆ The Collaborative is represented on the Chief of Police Citizen Advisory Committee to address concerns presented from either side (law enforcement or community) and together resolve them.
◆ The Collaborative has maintained an ongoing partnership with Public Health.

“When we received our initial funding from CPHC we did not have a formal funding stream. Our history is a testament to what can be achieved with support, encouragement and belief in the value of community. We reflect daily on the early lessons gained through Sierra Health Foundation’s Community Partnerships for Healthy Children initiative trainings and continue to embrace the guiding principles established during our formative years with Sierra Health. The principles and values gained have been our pillar and anchor, second only to God, who has gently led us to this present time.”

Cleopathia Moore-Bell, Executive Director, and Carole Collins, Program Manager, Stanislaus Multi-Cultural Community Health Coalition

Results have increased exponentially from the initial CPHC funding. All of the activities or programs initiated have either continued or adapted to meet growing needs within the community.
REACH: Connecting Communities and Youth for a Healthy Future

“Youth-focused grants and partnerships support healthy development for a successful transition to adulthood.”

Building on what we learned from CPHC, we created the REACH program. Its goal is to increase community supports and opportunities for youth, and to promote healthy adolescent development by engaging young people in positive activities that develop their skills and connect them to caring relationships and their communities. Over four years, REACH funding included Program Improvement grants, Community Action Grants and Youth Engagement Grants.

REACH Overview
2006-CURRENT

- $8 million committed over four years
- Grants of up to $10,000 increased youth participation in programs
- $6 million committed to nine community coalitions
- Support for the Sacramento Region Community Foundation’s Grants Advisory Board for Youth (GABY) to fund youth-led community service projects

REACH Community Action Coalitions

All of the REACH Community Action coalitions have achieved significant successes through their programs and policy work. A full evaluation report of the REACH program will be published in November 2010. REACH coalitions work in the communities of:

- El Dorado Hills — Working to reduce youth alcohol, tobacco and drug use
- Galt — Improving outcomes for youth in learning, working, thriving, connecting and leading
- Rancho Cordova — Focusing on ensuring youth safety
- Sacramento ACT Meadowview Partnership — Working to increase high school graduation rates
- South Sacramento Coalition for Future Leaders — Increasing youth art opportunities, workforce readiness and strengthening peer mediation programs at area schools
- Vacaville — Engaging youth in activities that increase bike trail usage and safety
- West Sacramento — Creating opportunities for youth to develop leadership and life skills through policy change
- Woodland — Increasing youth involvement in policy advocacy
- Yuba-Sutter — Ensuring youth participation in community resource development

REACH COMMUNITY ACTION GRANT SPOTLIGHT

West Sacramento Youth Resource Coalition

The West Sacramento Youth Resource Coalition’s goal is to create healthy and safe opportunities for youth to develop leadership and life skills. Partners include nonprofits, the school district, government agencies, faith-based organizations, businesses and youth.

The coalition engages approximately 400 youth each year. Its Sactown Heroes Youth Leadership Team is the driving force behind the coalition’s ideas and projects. This core leadership team has grown from 15 members in 2006 to more than 35 members. Some of the original members are still active today.

“The REACH grant enabled coalition partners to shape what they always wanted in their community. We were given the funds to allow capacity building to happen. Now, four years later, we have created a foundation and sustainability for our coalition moving forward. We have made strong links with the city and local groups to truly affect community change. Our community partners now invite more youth to engage in leadership opportunities as a result of their involvement in the coalition. Our youth have said they hope these opportunities continue and that this will be something their children can be part of.”

Yaminah Bailey, Youth Engagement Coordinator, West Sacramento Youth Resource Coalition, CommuniCare Health Centers
Soil Born Farms empowers youth and adults to participate in a local food system that encourages healthy living, nurtures the environment and grows a sustainable community.

In partnership with area agencies, Soil Born Farms has piloted several innovative education and food access programs to bring healthy food to urban residents, particularly those in underserved neighborhoods.

REACH funding was used to develop and add a youth leadership component into its “Connecting food, health and the environment” program.

Initially, the youth development program focused on grades 6 to 8 at one Sacramento middle school close to the program’s urban farm. It has since grown to include schools K-12, offering school-day, after-school and summer programs.

Recent Sierra Health Foundation funding supports the “Healthy Careers” program for youth aged 16 to 21. This year-round program takes place at Soil Born Farms’ 25-acre American River Ranch and at community sites throughout Sacramento.

“At its core, Soil Born Farms is about building personal, community and environmental health. In addition to sustainable agriculture practices, youth in our ‘Green Corps’ partnership program learn the value of hard work and community service, while gaining essential life and job skills in healthy careers.”

Shawn Harrison, Executive Director and Health Leadership Program Class V Alumni member
The Responsive Grants Program enables us to both focus and broaden our impact. Funding supports local projects and programs throughout our 26-county funding region.

A Brief Overview of Responsive Grants Program:

2008
- $1.2 million awarded
- Up to $40,000 per grant
- 31 projects funded in 23 counties
- 35 percent for rural community projects
- Projects improved healthcare access, promoted health, expanded health insurance

2009
- $1 million awarded
- Up to $25,000 per grant
- 42 nonprofits/agencies funded in 23 counties
- Focus on emergency safety-net services for basic needs (food, shelter and associated physical and mental health care)

2010
- $1 million to be awarded
- Up to $25,000 per grant
- Projects that promote health and quality of life
- 30 percent or more for projects serving rural areas

Responsive Grants Program
Grantee Spotlight
The Gospel Center Rescue Mission
This San Joaquin County multi-service center has been in operation since 1940. The Rescue Mission serves men, women and children, providing shelter, food, clothing, education, substance abuse treatment, spiritual counseling and follow-up assistance.

With its 2009 Responsive Grants Program funding, the mission was able to hire a shelter security staff person and purchase three washers, laundry supplies, 50 mattresses and mattress covers, 85 pillows and pillowcases, and hygiene products.

Community Event Sponsorships
Another way Sierra Health Foundation supports the community is by sponsoring events that are compatible with our mission and programs. We invite requests from qualifying nonprofit organizations. We review and award event sponsorship funding four times a year.

“We value diversity in culture and perspective to expand the impact of our work.”
Women’s Empowerment is an oasis of calm and productivity across from the Sacramento Loaves & Fishes. Here, women build the skills and connections they need to go back to work and find a home. With income being one of the greatest predictors of health and well-being, this holistic program focuses on the causes of homelessness in an effort to break the cycle of poverty.

The eight-week curriculum is 50 percent job skills training and 50 percent personal empowerment. Topics range from domestic violence counseling to successful parenting, resume writing and interviewing to business communication and computer skills.

Health is a major focus. Women learn about women’s health, nutrition, smoking cessation and relapse prevention. They are offered access to healthcare, including eye exams and glasses, dental visits, office visits and care from a private physician, child development assessments, and yoga and fitness classes.

Since opening in 2001, Women’s Empowerment has graduated 687 women. In 2009, the organization was named “Nonprofit of the Year” by the Nonprofit Resource Center.

Responsive Grants Program funding in 2009 was dedicated to lifeline services and training prospective graduates to be customer service representatives (practicing their work skills as receptionists/office support for the center).

“We work with 400 to 500 volunteers — all of whom donate countless hours of their time. This shows the women that we really do care about them. Underpinning all of our services is helping women rebuild their self-esteem and confidence. When a woman has lost her job, her home, and sometimes her family, her self-esteem plummets. Working with other women who have faced similar struggles is very empowering.”

Lisa Culp, Founder and Executive Director
brightSMILES Dental Health Partnership
1999 – 2010
brightSMILES promotes children’s oral health and disease prevention. With our partners, we have funded direct oral health services, prevention services and community water fluoridation.

Current brightSMILES Program
Partners: California Children’s Dental Disease Prevention Program (CDDPP) and UC San Francisco School of Restorative Dentistry

- $1 million commitment
- Three-year grants started in 2007
- 11 school-based programs in 10 counties
- Funding is used to either expand an existing CDDPP-funded program or establish a new program based on the CDDPP model
Klamath Health Services/Siskiyou Health Partnership

“Over three years, 2,022 elementary school children across 12 geographically dispersed schools received one or more of the direct dental services funded through brightSMILES. Some of our best partners have been the school nurses. We were also successful in engaging dentists and their staffs by partnering with the Siskiyou County Family Resource Centers to identify dental professionals in their towns who would ‘adopt-a-school.’

Overall, brightSMILES has served as a vehicle for collaboration among school administrators, school nurses, after-school program staff, private dental professionals, family resource centers, teachers, parents and children. The project brought all children’s oral healthcare stakeholders into the discussion and educational process.”

Elizabeth Mitchell-Collord, MHA, Executive Director, Community Health Plan of the Siskiyous

Nevada County Health & Human Services Agency

“In our small rural county there was a real lack of access. We started out with 12 to 13 schools from preschool to 8th grade, later expanding to the entire county. We see about 1,900 students a year.

One thing that has worked well for us is having a practicing dentist on staff. I’ve been able to get more money for adjunct projects, including our mobile dental clinic.

My goal was to reduce decay rate. One way I measure our progress is a school nurse’s list of kids who have dental pain or cavities. That list is about 1/3 the size it was the first year.”

Becky Schultz, DDS, Dental Coordinator, Nevada County Health & Human Services Agency

Responsive Grants Program
Health Access Grantee Spotlights

Karuk Tribe of California

The Karuk Tribe is the sole provider of health services in western Siskiyou County, providing care regardless of ability to pay. In the winter, power outages can last days at a time. 2008 Responsive Grants Program funds purchased a 350kW generator for the tribe’s medical and dental clinics, providing provisions and shelter for residents during outages and other emergencies, such as floods or fires.

Glenn County Human Resource Agency

This agency is the county’s only resource for the homeless. Funding through Sierra Health Foundation’s 2009 Responsive Grant Program added 1,200 bed-nights for homeless individuals and families and food security for 300 people. In addition, 150 people received clothing, bus and taxi vouchers, and help with healthcare costs.

Opening Doors to Care

“Many of our pioneering programs focused on increasing health access for specific populations.”

Northern California AIDS Initiative
1988–1991

- Addressed impending needs created by AIDS epidemic
- Provided end-of-life care and disease transmission prevention
- 103 grants to 42 organizations in 10 counties
- Seed money to create Center for AIDS Research, Education and Services (CARES), which continues today

Prenatal Care Access Initiative
1989–1992

- Increased prenatal care and improved childbirth outcomes for low-income women
- Recruited obstetricians to establish medical practices in rural communities
- 64 grants to 38 organizations in nine counties

Managed Care Program
1995–1999

- Addressed major changes in healthcare system that impacted both consumers and providers
- 18 grants to 12 organizations
- Health Rights Hotline ombudsman program has become model for programs statewide
- Scholarships for students in the UC Davis MD/MBA program
- Curriculum prepared physicians to work with underserved populations in the managed care environment

Prenatal clinics increased from 43 to 59
9,430 women served
1,285 babies born
85 percent of women received adequate prenatal care (vs. 69 percent nationally)
California’s future prosperity depends significantly on the success of communities of color that together comprise a majority of its population.”

Nonprofit organizations are essential to the flourishing of communities, and a vibrant society requires effective community-based organizations led by a diverse group of talented and committed leaders.

Through a funding partnership with The California Endowment, Sierra Health this year awarded $76,000 to support organizational capacity building and leadership development in eight minority-led organizations serving communities of color.

Activities supported include training for boards, executives and staff in leadership and management skills, organizational evaluation, program assessment, strategic planning and fund development education.

For our partners to succeed, they need more than solid program design and ample resources. They need more than dedicated staff. They need skilled leaders.

Health Leadership Program (HLP)

Now in its 10th year, the Health Leadership Program is a transformative leadership development experience offered to executives and managers of nonprofits and public agencies.

Participants benefit from intense classroom learning, peer-to-peer exchange and team projects, as well as web-based learning and interaction.

HLP graduates return to their organizations and communities better skilled, further motivated and with a stronger vision. Equally important, they develop a supportive network of alumni members, not only from their own class, but from all HLP classes.

Our HLP Education Partners

- The State Capital Center of the University of Southern California (USC) School of Policy, Planning, and Development
- The Marshall School of Business

These institutions offer expertise in health, public policy, nonprofit management, board development and private-sector best practices.
Taurus Jackson has been with the Greater Sacramento Urban League since earning her computer engineering degree. In eight years her job has evolved from teaching computer skills to youth, then teaching computer skills to adults, to grant writing and overseeing all programs and technology. Notwithstanding these managerial responsibilities, when Taurus saw the HLP application she thought it would be more appropriate for her boss. Luckily, he disagreed.

She credits the HLP program with helping her get out of her comfort zone and adopt a “You can do it, Taurus!” attitude.

Her involvement in HLP has benefited her both professionally and personally.

The Urban League’s new CEO invited her to be part of the organization’s strategic planning. She says she’s glad she took on that challenge and looks forward to many more.

“Young staff definitely sees me more as a leader now. They recognize and appreciate the techniques I’ve brought back. I’ve also grown in my role at home. Talking about core values helped me identify my own core values and set standards for my young son.

One of the biggest benefits of the HLP program has been meeting other leaders. The networking opportunities are great. When I have a problem I take it to the alumni group. There’s always someone who’s been through the same thing and is willing to help.”

Taurus Jackson,
Vice President of Programs and Technology,
Greater Sacramento Urban League
HLP Class VIII

HLP ALUMNA SPOTLIGHT
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Looking to the future, Sierra Health Foundation will continue to seek opportunities to host, fund and collaborate on ventures that address health and well-being in creative ways.

Public Policy and Education Program

2008–Current

Through this program, Sierra Health Foundation supports initiative-based programs and innovative projects related to health disparities, the social determinants of health, and adoption of effective and sustainable policies. Current and recent Public Policy and Education Program projects include:

Healthy Youth/Healthy Regions

Sierra Health Foundation commissioned this two-year study to analyze youth well-being and the connections between improving the lives of youth and regional prosperity. The UC Davis Center for Regional Change conducted the study and The California Endowment was a co-funder.

Residentially Based Services

Residentially Based Services Reform seeks to transform long-term care in group foster homes into programs of short-term residential stabilization and community-based services to reconnect youth to their families, schools and communities. Sierra Health Foundation is a partner with Casey Family Programs, the California Alliance of Child and Family Services and the California Department of Social Services.

Fostering Connections Resource Center

Fostering Connections Resource Center supports state and local decision makers as they implement the Fostering Connections to Success and Improving Adoptions Act of 2008. Sierra Health Foundation joined eight other foundations to help establish this national center.

Community Priorities Public Opinion Poll

Commissioned by Sierra Health Foundation in 2009, this poll found that despite the economic downturn, Sacramento residents favor public investment in youth development programs.

2010 Census Outreach

In partnership with Grantmakers Concerned with Immigrants and Refugees, Sierra Health Foundation awarded grants to eight nonprofit organizations in San Joaquin County to conduct outreach to hard-to-count populations.

Results-Based Accountability Educational Workshop

Nonprofits and public agencies learned how to improve outcomes using performance measures from *Trying Hard Is Not Good Enough* author Mark Friedman.

Food Stamp Program

California ranks 49th in federally funded Food Stamp Program participation. In partnership with the San Francisco Food Bank, Sierra Health Foundation convened federal, state, county, advocacy and private-sector stakeholders to identify barriers, discuss shared outcomes and propose solutions.
Healthshack enables foster, emancipated and homeless youth aged 11 to 24 to access their medical and other personal records online. The website was designed by a team of youth and adults to provide safe, secure storage with accessibility from any computer.

Volunteer public health nurses help teens create their personal health record (PHR), ID and password. At the heart of the program are its four Youth Health Ambassadors. The ambassadors’ role is to bridge the gap between youth and healthcare and social services. They promote Healthshack teen-to-teen, allaying fears and facilitating enrollment. They also train users on the site’s functions and keep www.healthshack.info fresh with blogs and community resource links.

Healthshack is a project of Wind Youth Services in collaboration with UC Davis Adolescent Medicine, CSU Sacramento Public Health Nursing, FollowMe, Inc. and Sierra Health Foundation. “Healthshack is youth-designed, youth-driven and youth-controlled. It works because it’s young people helping other young people, using technology they can relate to. We’re now serving more than 200 kids and continue to do street, school, camp and other community outreach. Ultimately our goal is to share our technology with other organizations.”

Melissa Binger, Healthshack Project Manager

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**Thought Leader Guest Speaker Program**

In addition to grant funding and partnering for policy change, Sierra Health Foundation hosts nationally known thought leaders at our Conference Center. Notable speakers have included:

- Marian Wright Edelman, president of the Children’s Defense Fund
- Pedro Noguera, education expert/urban sociologist
- Dr. Richard Pan, physician/educator at UC Davis
- Mike Green, Ron Dwyer-Voss and Tara Zagofsky, Asset-Based Community Development experts.

**Grizzly Creek Ranch Experiential Education Program**

*Experience, Inspire, Empower 2009–CURRENT*

Since 2009, Sierra Health Foundation has partnered with Sierra Nevada Journeys to launch a state-of-the-art outdoor education program at our Grizzly Creek Ranch camp in Plumas County. Supported by grant funding, the new program serves students from Northern California and Northern Nevada.

Hands-on learning emphasizes youth development, science education, green technology, alternative energy and environmental stewardship. By experiencing the outdoors in new ways, participants learn the importance of preserving the natural world around them. These future stewards may one day tackle the world’s most pressing environmental challenges.
Nonprofit Innovation Center Tenants

- Access Leisure
- California Association of Family Empowerment Centers
- California Family Resource Association
- Center for Connected Health Policy
- Center for Multicultural Cooperation
- Community Health Charities of California
- Encourage Tomorrow
- G.O.A.L.S. (Greater Options and Assistance for Lifelong Success) For Women
- Law Enforcement Chaplaincy-Sacramento
- Nepenthean Homes
- Nonprofit Resource Center
- ONTRACK Program Resources
- Pacific Crest Trail Association
- Sacramento Children's Health Initiative's Cover the Kids and Healthy Kids, Healthy Future
- San Joaquin Community Data Co-Op

Shared Space Concept Creates Real Tenant Value

March 2009-Current

Sierra Health Foundation established the Nonprofit Innovation Center in 2009. Housed on the beautiful Sierra Health campus, the NIC provides high-quality office and conference space with a shared-space design that promotes collaboration among tenants. The foundation’s vision for the center is to help area nonprofits become more effective so they can better support efforts to improve the health and well-being of residents in our communities.

The open workspace establishes a new model of cross-agency learning and resource sharing. The Nonprofit Innovation Center is the first of its kind in the Sacramento region, although multi-tenant nonprofit centers are gaining traction across the nation.

"We believe that nonprofit organizations will do better work if they have a space that allows them to dream big, think large and collaborate with others."
CONVENING THE NONPROFIT COMMUNITY

WHEN WE BUILT OUR OFFICES ALONG THE SACRAMENTO RIVER IN 1994, WE DESIGNED THE FIRST FLOOR WITH THE COMMUNITY IN MIND.

Our signature Conference and Convening Program provides in-kind meeting space to nonprofits and public agencies. The program is open to organizations engaged in a broad spectrum of issues related to health promotion, healthcare access, health insurance expansion, youth development, oral health, leadership development and capacity building of nonprofit organizations.

Our facilities provide an inviting, retreat-like setting for focused collaboration. Guest organizations hold meetings, seminars, workshops, conferences, planning sessions, training programs — even celebrations.

The Conference and Convening Program also provides a neutral venue for important nonpartisan debate and policy-making discussions.

**Overview of Conference and Convening Program**

**1994 TO PRESENT**

- Approximately 15,000 people attend meetings and events each year
- Preference is given to organizations whose programs and activities are compatible with Sierra Health Foundation’s mission and funding priorities.

"Being at Sierra Health Foundation created a very therapeutic environment in which participants could engage in meaningful discussions geared toward improving lives of families in our communities.”

The City of Sacramento Office of Youth Development hosts a planning meeting at Sierra Health Foundation. This collaboration of community stakeholders meets regularly to address issues of youth gang violence.
Since we began grant funding in 1985, we have awarded more than $82 million in cash grants to 839 nonprofit organizations.

2008 Grants: 105 grants awarded totaling $4,711,835
2009 Grants: 88 grants awarded totaling $3,460,386

Alliance for Education Solutions
Sacramento, CA
Amador-Tuolumne Community Action Agency
Jackson, CA
Asian Community Center of
Sacramento Valley, Inc.
Sacramento, CA
Asian Resources, Inc.
Sacramento, CA
Boys and Girls Clubs of Greater Sacramento
Sacramento, CA
Boys and Girls Clubs of the North Valley
Chico, CA
California Conservation Corps
Sacramento, CA
California Emergency Foodlink
Sacramento, CA
Campus Life Connection
West Sacramento, CA
Capital Public Radio, Inc.
Sacramento, CA
Catholic Charities of Stockton
Stockton, CA
Center for Fathers and Families
Sacramento, CA
Center for Multicultural Cooperation
Sacramento, CA
The Center to Promote HealthCare Access, Inc.
Oakland, CA/Sacramento County, CA
Chico Community Shelter Partnership
Chico, CA
Chico State University Foundation
Chico, CA
The Gardens Family Care
Community Center, Inc.
Sacramento, CA
Genesee Retreat
Portola, CA
Gifts to Share, Inc.
Sacramento, CA
Glenn County Human Resource Agency,
Community Action Division
Willows, CA
The Good News Rescue Mission
Redding, CA
Gospel Center Rescue Mission
Stockton, CA
Haven Women's Center of Stanislaus
Modesto, CA
Incorporated Senior Citizens of Sierra County
Loyalton, CA
Jamestown School District
Jamestown, CA
Klamath Health Services, Inc.
Weed, CA
La Familia Counseling Center, Inc.
Sacramento, CA
Lao Family Community Development, Inc.
Sacramento, CA
Loyola High School of Los Angeles
Los Angeles, CA
Mental Health America of Yuba Sutter
Yuba City, CA
Mission Focused Solutions
Grass Valley, CA
National Center for Results Accountability
Bethesda, MD/Region
Nonprofit Resource Center
Sacramento, CA
North Roseville Recreational Education and
Creative Center, Inc.
Roseville, CA
Oak Valley District Hospital Foundation
Oakdale, CA
The Observer Media Institute
Sacramento, CA
Plumas Crisis Intervention & Resource Center
Quincy, CA
Project MANA
Incline Village, NV
Public Health Institute
Oakland, CA/Region
Regents of the University of California, Davis
Davis, CA
The Resource Connection of Amador and
Calaveras Counties, Inc.
San Andreas, CA
Robla School District
Sacramento, CA
Sacramento Area Emergency Housing Center
Sacramento, CA
Sacramento Asian Pacific Chamber of
Commerce Foundation
Sacramento, CA
Sacramento Food Bank Services
Sacramento, CA
Sacramento Loaves and Fishes
Sacramento, CA
Sacramento Region Community Foundation
Sacramento, CA
Sacramento Valley Conservancy
Sacramento, CA
San Joaquin AIDS Foundation
Stockton, CA
San Joaquin County Human Services Agency
Stockton, CA
Scott Valley Focus, Inc.
Fort Jones, CA
Second Harvest Food Bank of San Joaquin &
Stanislaus County, Inc.
Manterca, CA
Senior Gleaners, Inc.
Sacramento, CA
Short Term Emergency Aid Committee
Davis, CA
Spare-a-Dime, Inc.
Susanville, CA
St. John's Shelter for Women and Children
Sacramento, CA
St. Mary’s Interfaith Community Services
Stockton, CA
St. Vincent de Paul Society, Roseville Area
Conference, Inc.
Roseville, CA
The Sunshine Kids Club of California, Inc.
Chico, CA
Sutter-Yuba Friday Night Live, Inc.
Marysville, CA
Tehama County Department of Social Services
Red Bluff, CA
Training, Employment and Community Help, Inc.
Alturas, CA
University of Southern California
Sacramento, CA
University of the Pacific
Stockton, CA
Volunteers of America, Inc.
Sacramento, CA
W.E.A.V.E., Inc.
Sacramento, CA
Women's Empowerment
Sacramento, CA
Womenspace Unlimited South Lake Tahoe
Women's Center
South Lake Tahoe, CA
Youth Development Network
Sacramento, CA
Youth Speaks, Inc.
San Francisco, CA/Sacramento Region

Since we began grant funding in 1985, we have awarded more than $82 million in cash grants to 839 nonprofit organizations.
We accept our responsibility as stewards of the foundation’s resources. We hold ourselves accountable for what we set out to accomplish.

2008–2009 Financial Results

Sierra Health Foundation’s endowment has a diversified portfolio, including real estate and the stock market. Earnings from our investment portfolio are the primary source of funds. We do not conduct fundraising events or solicit funds from any source.

The foundation’s assets totaled $135,921,633 at the end of 2008 and $130,663,427 at the end of 2009. In accordance with IRS regulations, we allocate a minimum of 5 percent of our net assets each year as direct grants, in-kind support and operating expenses. In 2008 this amount was $9,683,771. In 2009 it was $8,777,875. A breakdown of allocations by dollar amount and percentage follows:
BOARD, EXECUTIVE TEAM AND STAFF

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Katy Pasini, Communications Manager
Jacqueline Segersten, Conference Manager

Credits
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Jean Wiley, Creative Director
Randy Bailey, Designer
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Susan Reid, Mighty Pen Writing & Editing
Photography:
Bill Santos, SantosPhoto
Printing:
Commerce Printing

Thank you to our partners in the cover photo (left to right):
Long Vang, Asian Resources, Inc., YEAH Program
Madalynn Rucker, ONTRACK Program Resources
Crystal, Galt Area Youth Coalition
Sammy Nunez, Fathers & Families of San Joaquin
Morgan, West Sacramento Youth Resource Coalition

www.sierrahealth.org