



SIERRA HEALTH FOUNDATION
An Endowment for Northern California

2011 Responsive Grants Program Awards – Round One

**Asian Pacific Community Counseling
Urban and Rural: Sacramento County
\$14,100 – Violence Prevention**

To increase social support, positive attitudes and behaviors through culturally competent preventive parent education services to the culturally and linguistically diverse API community of Sacramento County.

**Capital Unity Council
Urban: Sacramento County
\$25,000 – Violence Prevention**

To establish a student-centered, community-involved bullying prevention and positive school climate initiative in three Sacramento City Unified School District feeder schools (Erlewine Elementary, Einstein Middle and Rosemont High) through a comprehensive, sustainable model.

**Community Services Planning Council, Inc. – Sacramento Hunger Coalition
Urban: Sacramento County
\$25,000 – Food Security**

To improve access to healthy food and overall health outcomes by assessing status, causes and consequences of food insecurity of low-income people in Sacramento County and developing action plans to reduce hunger.

**Fathers & Families of San Joaquin
Urban and Rural: San Joaquin County
\$25,000 – Violence Prevention**

To promote youth empowerment and community health among youth and young fathers who are primarily Latino, African American and Southeast Asian, ages 14-35, through culturally rooted violence prevention activities and policy strategy development addressing health disparities.

Food Bank of Northern Nevada, Inc.

Rural: Plumas County

\$23,958 – Nutrition

To allow distribution of healthier foods in the Plumas County communities in and around Portola, Quincy, Greenville and Chester from the monthly perishable food delivery of the Food Bank of Northern Nevada, by equipping the four food pantries with commercial refrigeration units.

Food Bank of Yolo County

Urban and Rural: Yolo County

\$10,000 – Food Security

To improve the health and food security of low-income families in Woodland by making fresh, perishable foods available at a new WIC-authorized store through the purchase of a produce crisper.

Haven Women's Center of Stanislaus

Urban and Rural: Stanislaus County

\$18,720 – Domestic Violence

To provide clinical supervision to marriage and family therapist trainees and interns, who will provide counseling to assist survivors of domestic violence and sexual assault achieve and maintain social, emotional and mental well-being.

Health Education Council

Urban: Sacramento County

\$25,000 – Nutrition

To increase healthy eating among low-income high school and 4th, 5th and 6th grade students through nutrition education, cooking classes and gardening opportunities at Grant High School in North Sacramento as part of its GEO program.

Innovative Health Care Services

Rural: Butte, Glenn and Tehama Counties

\$25,000 – Chronic Disease

To improve the health of chronically ill seniors living in rural and frontier portions of Butte, Glenn and Tehama counties by providing needs assessments and transportation to comprehensive daily health care at the Peg Taylor Adult Day Health Center.

Latino Leadership Council

Urban and Rural: El Dorado and Placer Counties

\$24,800 – Access to Health Services

To increase health access and wellness for unserved Latino adults in Placer and El Dorado counties through provision of health screenings, follow-up appointments for vision needs, and free and appropriate exercise programs.

Mutual Assistance Network of Del Paso Heights

Urban: Sacramento County

\$22,274 – Nutrition

To reduce overweight, obesity and diabetes by improving dietary and exercise habits through expansion of the Family Wellness and Nutrition Program in Del Paso Heights to include multi-lingual nutrition education classes and physical fitness activities at two neighborhood community centers.

Sacramento Court-Appointed Special Advocates

Urban and Rural: Sacramento County

\$22,600 – Education/Graduation Rates

To support improved educational performance, access to mental health services and placement stability for African-American children ages 11 to 14 in the Sacramento County foster system whose parents are currently incarcerated or on parole.

Sacramento Cottage Housing, Inc. (CHI)

Urban: Sacramento County

\$24,976 – Public Policy Advocacy

To establish a basis for redirecting intervention funds to prevention strategies through a best practice/cost-benefit analysis to determine the relationship between funds invested in CHI programs and resulting cost savings in publicly funded systems, such as criminal justice, health services, education and child welfare.

Sierra NonProfit Services

Rural: Amador, Calaveras and Tuolumne Counties

\$25,000 – Rural Nonprofit Capacity Building

To strengthen rural nonprofits so they can continue to provide needed community services by working with them to identify and strategically align training services for the nonprofit sector, and facilitating collaboration.

Spare-a-Dime, Inc.

Rural: Lassen County

\$10,000 – Housing/Shelter

To provide shelter for homeless individuals and families in Lassen County through the provision of emergency motel room vouchers.

St. John's Shelter for Women and Children

Urban: Sacramento County

\$25,000 – Employment Skills

To provide 100 formerly homeless women with job skills training that will qualify them for and connect them with 'flexible hours' positions in the food services, catering, retail, childcare and hospitality industries.

United Cambodian Families
Urban: San Joaquin County
\$25,000 – Violence Prevention

To decrease violence in the Cambodian-American community in Stockton by improving cross-generational connections through intergenerational dialog and sharing of experiences/perspectives through the arts.

Yolo Family Resource Center
Urban and Rural: Yolo County
\$25,000 – Physical Activity

To improve lifestyle habits and increase family stability in low-income Latino families through nutrition education, physical activity and outdoor recreation at weekend family lifestyle camps, day excursions and on-site follow up.