Healthy Sacramento Coalition
CHNA Update

August 22, 2012
Goal

In order to provide necessary information to the Healthy Sacramento Coalition to develop an implementation plan...

- Identify communities experience disparities as these relate to chronic disease
- Identify specific groups within these communities experiencing health disparities
- Identify contributing factors that create both barriers and opportunities for these populations to live healthier lives
Organizing Framework

**Individual Health Status**

**Individual Characteristics**
- Health behaviors
- Socio-economic status & access to resources
- Beliefs, values, attitude, outlook
- Family history
- Race/Ethnicity
- Other

**Environmental Characteristics**
- Built environment
- Order, safety
- Ability to access and acquire needed resources
- Economic activity
- Social norms that regulate individual behavior
- Other
Data Selection Criteria

• Reliable/Credible
• Consistent over time
• Stable definitions/constructs
• Granular (minimum level: ZIP), able to show differences across County
Study Area and Unit of Analysis

- Sacramento County
- ZIP Code
Thus far....data collected

• Secondary Data
  – Demographic characteristics
  – Prevalence of chronic disease and mental health
  – Healthy Eating/Active Living
  – Clinical Preventative and Other Services
  – Tobacco Free Living
  – Social and Emotional Well-Being
  – Healthy and Safe Environment

• Primary Data
  – HSC meeting
  – ~40 Key Informant Interviews
  – 10 focus groups of 10-20 participants each
## Analytical Framework

<table>
<thead>
<tr>
<th>Research Question</th>
<th>Health Outcomes</th>
<th>Inputs</th>
<th>Assets</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communities of Focus</td>
<td>Communities of Focus</td>
<td>Behavior</td>
<td>Physical Environment</td>
</tr>
<tr>
<td>Subgroups of Focus</td>
<td>Subgroups of Focus</td>
<td>Assets at Work</td>
<td></td>
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<tr>
<td>In which communities do we see disproportionate rates of chronic disease?</td>
<td>What subgroups in the communities of focus are disproportionately represented in the chronic disease rates?</td>
<td>What are the behaviors specific to alcohol, tobacco, diet, and physical activity do we see in these communities that contribute to these outcomes?</td>
<td>What are the attributes of the physical environment in these communities that contribute to these outcomes?</td>
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<td>What assets are available to the community to address the needs of communities of focus and subgroups within these communities?</td>
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Communities of Concern – “ZIP codes that consistently exceeded Federal, State, and County Benchmarks (top 20^{th} percentile) for chronic disease and mental health prevalence”
Populations of Concern (within these communities)

• In order:
  – African American
  – Caucasian or White
  – Hispanic/Latino
  – Recent Immigrants