



**Healthy Sacramento Coalition Meeting
March 25, 2015
Meeting Summary**

Meeting Outcomes:

- To provide progress updates on the HSC pilot projects
- To discuss the function and focus of the HSC

The Healthy Sacramento Coalition Envisions a County that is Healthy, Safe and Thriving.

Welcome and Overview

Connie Chan Robison, Executive Director of Center for Collaborative Planning and HSC Steering Committee Chair, welcomed everyone and provided a brief overview of the meeting agenda. Coalition members introduced themselves and shared their aspirations for the coalition's work moving forward.

Learning Opportunity

Sharon Chandler, Executive Director of Yes 2 Kollege Education Resources Inc., shared information on the variety of education and health programs offered by the organization serving the African American community of Sacramento since 2002. For more information refer to presentation titled: *Yes2Kollege* located online at http://www.sierrahealth.org/assets/HSC/Yes2Kollege_Presentation.pdf.

Pilot Project Updates

Connie introduced each of the pilot project presenters to provide an update on the status of each effort. Pilot project updates were provided by representatives from each of the pilot projects: Tobacco-Free Living, Healthy Eating Active Living: Healthy Beverages, and Healthy Eating Active Living: Shared Use Agreements. For more information refer to the presentations located online: <http://www.sierrahealth.org/hsc/2015-meeting-materials>

Review of Phase I Neighborhoods & HSC Function and Focus Discussion

Richard Dana, Executive Director of Mutual Assistance Network and HSC Steering Committee Vice-chair, reminded the coalition members of the first phase of proposed neighborhoods. Richard described the function and the focus of the coalition moving forward. For more information refer to the presentation titled: *HSC Function and Focus Discussion* online at: http://www.sierrahealth.org/assets/HSC/HSC_Function_Focus.pdf.

The coalition engaged in a robust dialogue on what non-financial resources the coalition can offer to each of the first phase neighborhoods. Some comments suggested consideration for the neighborhoods and how they should look in the next six years. Another recommendation was for the coalition to showcase model programs and find ways to replicate them in various neighborhoods (also find resources to help replicate). The selection process of model programs and replication will continue to be a methodical and thoughtful.

- C:** Resident councils would be a beneficial model to approach coordinating resources among the proposed neighborhoods. This or a similar model is a key component of empowering and building community capacity. Success cannot happen in a neighborhood without a form of structure to drive the work. This would allow for a standard mode of operation and consistency across neighborhoods.

C: Each member of the coalition represents an entity and can offer a variety of resources to the first phase neighborhoods. This can help the coalition create and sustain collective impact. The coalition members have many competencies; there is a lot of brain power. The goal is to collaborate more effectively and coordinate resources (that already exist) to achieve “collaborative competency”.

The coalition will maintain its five focus areas: tobacco-free living, healthy eating and active living, healthy and safe environments, social and emotional wellness, and high impact clinical services. The focus of the coalition will build on the five focus areas while advancing existing efforts to bring resources and achieve the coalition’s goals within the first phase neighborhoods.

The coalition will being to identify and coordinate existing resources and efforts within the north and south areas of Sacramento to advance the five focus areas within the first phase neighborhoods, which include the following zip codes: 95811, 95820 (and 95824), 95822, 95832, 95815, and 95838.

Next Meeting

Time is subject to change, please see web site for more information on the next meeting date. Registration is required. Visit the Healthy Sacramento Coalition web page at www.sierrahealth.org/healthysacramento.