Physical Activity through Joint Use Survey
Summary Results

1. After reviewing Pilot Project #3, what do you know that’s already happening in Sacramento that pertains to this work?

- Afterschool programs are using school sites for activities through MOUs with districts. SCUSD 7-11 committee is assessing options for 7 closed school sites that may include joint use.
- Fitness classes, like Zumba, provided on school properties
- Sports played in local community centers
- Karate classes for children at non-profit organizations
- I have some awareness of the reuse planning that’s going on re: the schools that were closed by Sacramento Unified
- Link discussions of joint use with Local Control Action Plans (LCAPs) as part of the school’s Local Control Funding Formula discussions and allocations. All districts within the HSC catchment areas are mandated to develop LCAPS.
- The following agencies may have information in this area: HEC; Sac Chinese; Sac START; People Reaching Out. Safety agencies-The following may have info….Sacramento Safe Kids Coalition; SCOE
- Youth recruitment efforts-- HEC; Sac Chinese; Sac START; People Reaching Out; CASA (Court Appointed Special Advocate); Sac County Tobacco Ed Prog
- To assist with identifying potential schools connect with HEC.Sac Chinese; Sac START; People Reaching Out; Sac City Parks and Rec; SCOE.

2. Where is this work going on? Please be as specific as possible and identify zip codes and/or neighborhoods.

- The workgroup discussed afterschool programs in Del Paso Heights, South Sac. Closed schools for identified for 7-11committee are in 95820 and possibly others in SCUSD.
- Fitness classes, like Zumba and karate classes, are ongoing in South Sacramento. Schools are allowing individuals to have their Zumba or karate classes for a small fee. The Zumba classes are occurring at John Still Middle School, and the karate classes are occurring at La Familia Counseling Center. Sport games are constantly played at the Sam Pannell Community Center.
- Not aware of work in this area other than what was mentioned at 11/20 work group mtg.
- South Sacramento HEAL Zone (HEC) has a joint use agreement in place with Elk Grove Unified School District. Shaunda Johnson could be a resource to share their efforts in working with the District.

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3. What organizations are connected to this work and are they currently participating in the Healthy Sacramento Coalition?

- Center for Fathers and Families
- People Reaching Out
- SCUSD
- SCUSD and La Familia Counseling Center, Inc. are involved in these projects. If SCUSD is not participating in the Healthy Sacramento Coalition, they should be invited to join.
- HEC and the HEAL Zone Program (Shaunda Johnson) in partnership with Elk Grove Unified.
- TCE’s Building Healthy Communities has been helping to convene South Sac leaders around LCFF and other considerations around built environment
- See brainstormed listing from 11/20 work group mtg. Not currently aware of others

4. Which activities/activities should the Healthy Eating Active Living Workgroup begin with to advance this pilot project?

- Engaging with school district administration re: joint use
- Identifying school sites in areas without parks within walking distance
- The HEAL workgroup should brainstorm on some major organizations that would benefit from this pilot project and invite them to participate. Because of the budget, the workgroup should identify several key organizations that could the community members the best.
- I think we should explore the work going on in reuse in Sac Unified School District-per suggested activity #4 & 6
- Follow-up with Prevention Institute for sample joint use agreements and model policies.
- I think the workgroup should begin with interviews, ideally of residents, but also perhaps of school principals, administrators, etc.
- Identify key stakeholders from TCE/BHC who are leading local efforts in South Sacramento area and explore possible ways to partner on assessment activities, organizing work, etc. Use processes, tools that are working here to replicate in other districts within HSC zip codes/neighborhoods.
- Train, recruit, and support parents/community members to serve on LCFF community advisory groups.
- Contact school district personnel responsible for administering the LCAP process to orient them to HSC and HEAL priorities. HSC Leadership Group may be an important stakeholder group to leverage political dynamics, gain access to key school personnel, navigate landmines, etc.

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• Logical order for me:
  o Conduct 20 interviews (Who should be interviewed?)
  o Recruit and train 30 youths (To do what?)
  o Access 3 MOUs (For what purpose?)
  o Convene 2 Strategy mtgs
  o Work with 10 community and faith-based organizations.
  o Identify 5 schools (???)
  o Recruit and train 10 supporters (For???)
  o Research best practices

5. Please outline any other considerations or points of discussion related to this pilot project.

• The HEAL workgroup should split the pilot projects into 2 separate groups. This will allow the groups to focus on the individual projects easier.

• I (not as part of Alchemist) have done interfaith organizing related to other issues with congregation in this region so may be able connect them to this work per suggested activity #5. I also have a working relationship with 3 members of the Sac Unified School Board that might be useful and with 3 Sac City Council offices

• SNAP-Ed (Supplemental Nutrition Assistance Program-Education) will work in 9 neighborhoods (3 in the north and 6 in the south) over the next 4 years (Oct 1, 2013-Sept 30, 2017). These neighborhoods are comprised of 1-3 census tracts (see attached maps). All 9 neighborhoods fall w/in CTG’s 15 zip codes. Including work the County will implement, a total of 4 subcontractors will also conduct work in these neighborhoods (see attached for subcontractors’ objectives). Over the next 4 years, comprehensive obesity prevention work, including nutrition education and physical activity promotion will be conducted for all age groups in these 9 neighborhoods. Comprehensive assessments and evaluation activities will also be conducted. Community forums will be conducted in these neighborhoods starting in January 2014. The purpose of these forums is to report on CX3 (community of excellence) results (assessments conducted on available fresh fruits and veggies in markets/mini-marts, fast food options, mobile vending and advertising around schools and parks) and identify priority issues to address to implement a policy, system or environmental change. As the SNAP-Ed project director I am more than willing to discuss options to discuss collaborative work to leverage our resources.