Healthy Sacramento Coalition  
Policy Workgroup  
October 10, 2012  
Meeting Summary

Meeting Objectives:
1. Elect a replacement co-chair of the workgroup  
2. Continue discussion of policy survey  
3. Develop recommendations for policy training and education

1. Nominations and election of Policy Workgroup Co-Chair  
Nominations from the floor were requested for the Co-Chair position. Warren Barnes was nominated but declined. Kelly Bennett Wofford volunteered to serve and was elected Workgroup Co-Chair.

2. Policy Scan Update  
Robert Phillips and Prevention Institute (PI) staff, Juliet Sims and Nicole Schneider, gave an overview of the policy scan that PI is conducting. The presentation included a “Transforming Communities: Assessing the Landscape” PowerPoint presentation. The policy scan will include key informant interviews in order to assess the potential impact of new policies on Sacramento County. PI can identify through research what policies exist but input from local advocates/activists is needed to describe the impact locally.

Initial findings of the Policy Scan:
- A lot of work is being done to promote active transportation and tobacco-free living.
- Work in clinical preventive services emphasizes best practices and systems change such as the Navigator Program.
- In general, efforts in social and emotional well-being are moving from program-focus to including more policy-related efforts.
- Health Equity is being looked at across the five Community Transformation Grant (CTG) focus areas.

The Prevention Institute has developed tools and resources to assist in this work.  
1) THRIVE: COMMUNITY TOOL FOR HEALTH & RESILIENCE IN VULNERABLE ENVIRONMENTS  
THRIVE lays-out four elements of community health: equitable opportunity, place, health care services, people.  
2) “A Primary Prevention Framework for Substance Abuse and Mental Health”
3. **Develop Recommendations for Policy Training and Education.**
   Two break-out groups were formed to discuss policies and practices addressing 1) Health Equity, and 2) Social and Emotional Wellness. Specifically, what policies and practices are groups working on in these areas and which haven’t been fully implemented within low-income communities and communities of color.

   The break-out groups reconvened as one group and people were asked to describe things they learned, or connections made, during the break-out discussions. Members’ responses included:
   - There is a lack of programs for people who are incarcerated or recently released from prison
   - There are many efforts under way in various areas. What if all these efforts focused on one (or two) things? What sort of result could we see from this concentrated effort?
   - Strategies impact many areas and overlap.
   - The “prevention umbrella” is very broad and includes many aspects.

4. **Next Meeting Details**
   It was agreed that the November meeting will focus on tobacco-free living.
   The agenda will include background information on tobacco control policy provided by Dian Kaiser and Kimberly Bankston-Lee. Background information will also be provided to workgroup members by email before the November meeting. The Prevention Institute will provide input from the Policy Scan. This information will inform a discussion of the Policy Workgroup to decide on polices the workgroup will recommend to the Healthy Sacramento Coalition to promote and/or support.

   **Next meeting of the Policy Workgroup:**
   November 14, 2012, 2:30-4:30 p.m.
   Meeting Location: Sierra Health Foundation

   The Policy Workgroup will not meet in December. The January 2013 meeting will focus on Healthy Eating/Active Living.