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# Healthy Sacramento Meeting

## “Getting Organized for Transformation”

May 23, 2012

THE HEALTHY  
SACRAMENTO  
COALITION



SIERRA HEALTH FOUNDATION  
*An Endowment for Northern California*



**Communities  
Transforming**  
*To make healthy living easier*

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# What Will It Take?

- Inspiration
  - Idea Generation
  - Implementation
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# Inspiration

- Motivates people to sacrifice for their own and the common good

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# Idea Generation

- Innovation is discovery and engineering of new ways to do things



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# Implementation

- Good Strategy selects the path,
- the how, the why, and where leadership and determination are to be applied



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# **How Do We Best Work Together?**

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# A Continuum of Working Relationships

- **Networking**
- **Coordinating**
- **Cooperating**
- **Collaborating**

Adapted from Himmelman's developmental collaborative continuum (1994)

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# Barriers?

Time

Trust

Turf

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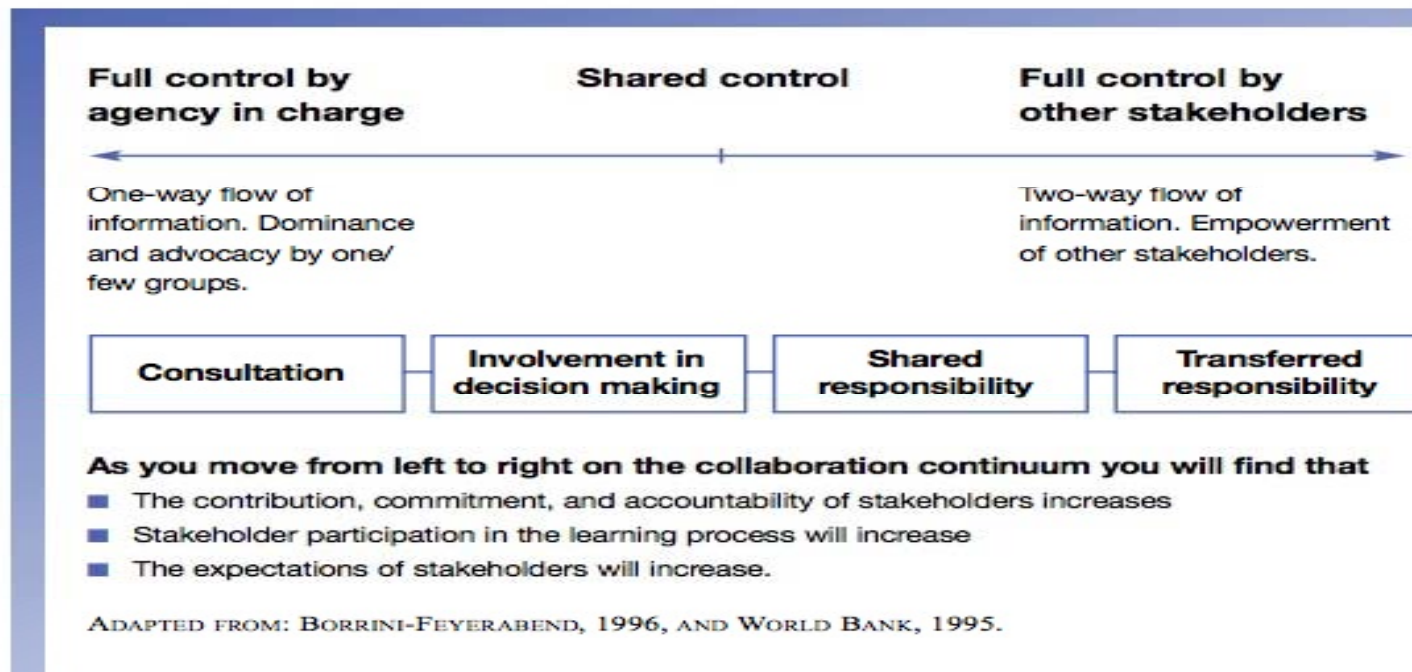


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# Where Do We Want to Be on the Continuum?

## Where are you on the collaboration continuum?

The diagram below presents the continuum against which the various degrees of collaboration can be identified. All points along the continuum reflect some form of collaboration, but the degree of collaboration increases as you move from left to right.



Integration	Process	Structure	Purpose
LOW	COMMUNICATION	NETWORK, ROUNDTABLE	Dialogue & common understanding. Clearinghouse for information, Explore common & conflicting interests
	CONTRIBUTION	SUPPORT GROUP	Mutual exchanges to support each other's efforts. Build mutual obligation and trust
	COORDINATION	TASK FORCE, COUNCIL, ALLIANCE	Match & coordinate needs, resources & activities, limit duplication of services, adjust current activities for more efficient and effective results.
	COOPERATION	PARTNERSHIP, CONSORTIUM, COALITION	Link resources to help parties achieve joint goals, discover shared interests, build trust by working together
HIGH	COLLABORATION	COLLABORATIVE	Develop shared vision, build interdependent system to address issues & opportunities, Share resources.

