



SIERRA HEALTH FOUNDATION
An Endowment for Northern California

2010 Responsive Grants Program Awards – Round One

Acorn Community Enterprises

Rural: Shasta County

\$25,000 – Community Health and Development

To promote emotional, mental and physical health education and outreach by strengthening the communication infrastructure in rural Northern California through the purchase of equipment needed to complete a noncommercial educational community radio station.

Butte County Public Health Department

Urban and Rural: Butte County

\$25,000 – Access to Health Services

To reduce the spread of Hepatitis C by providing targeted education, testing, referral for treatment and support services to high-risk individuals, primarily at drug rehabilitation centers and homeless shelters.

Challenging Their Destiny Dream Builders

Urban: Sacramento County

\$25,000 – Physical Activity

To promote rigorous physical activity and long-term health awareness through interesting and fun programs, such as hip-hop dance routines with traditional exercises, for youth in low-income neighborhoods.

FREED Center for Independent Living

Rural: Nevada County

\$25,000 – Physical Activity

To increase physical activity and reduce isolation of individuals with disabilities and seniors living in Nevada County by creating neighborhood walk clubs and improving the physical design of identified communities in Nevada County.

Glenn County Human Resources Agency

Rural: Glenn County

\$25,000 – Food Security

To increase food and housing security by providing food, emergency shelter, transportation and clothing to support a significant increase of clients needing safety-net support in rural Glenn County.

Healthy Aging Association
Urban and Rural: Stanislaus County
\$24,948 – Injury Prevention

To improve health outcomes and reduce injuries due to falls, and prevent premature decline, disability and death among Stanislaus County's vulnerable and underserved population age 55 and over through physical fitness classes and fall prevention education.

Hilliard Chapel African Methodist Episcopal Zion Church
Urban and Rural: San Joaquin County
\$25,000 – Access to Health Services

To reduce infant mortality and achieve healthy pregnancies and healthy newborns for African-American women in San Joaquin County through the Mommy & Me program, which assists women in making healthy choices for themselves and their children.

Hmong Women's Heritage Association
Urban and Rural: Sacramento County
\$25,000 – Mental Health

To improve mental health among residents by expanding mental health peer partner services to communities that are underserved or have never been served by the county mental health system due to a variety of system or cultural barriers.

Human Response Network
Rural: Trinity County
\$16,387 – Shoes, Utilities, Dry Goods

To promote the general health of rural families in Trinity County through the provision of vouchers for dry goods, utilities and children's shoes.

Indian Valley Recreation and Parks District
Rural: Plumas County
\$25,000 – Physical Activity

To improve the health and well-being of low-income children, teens and adults in the Indian Valley by equipping the new recreation center to provide a variety of age-appropriate recreation opportunities.

KidsFirst
Urban and Rural: Placer County
\$24,150 – Violence Prevention

To decrease child abuse and increase children's access to health care through family support services to 25 children and their families using an evidenced-based home visitation model.

Lao Family Community of Stockton, Inc.
Urban: San Joaquin County
\$25,000 – Physical Activity

To support the healthy development of young people by reducing gang violence through organized, outdoor after-school recreation and sports activities in low-income neighborhoods in Stockton.

Linkage to Education**Urban and Rural: Sacramento County****\$25,000 – Education/Graduation Rates**

To increase college success as a strategy to promote long-term health outcomes among foster and probation youth who enter college in the Sacramento region through outreach and on-campus support, such as assistance with basic needs, college textbooks, etc.

Native Alliance of the Sierra Nevada Foothills**Rural: Nevada County****\$24,510 – Employment Skills**

To increase job readiness and leadership skills among Native American youth through the Native Youth Conservation Corps, a culture-based environmental internship for low-income youth.

New Morning Youth and Family Services**Rural: El Dorado County****\$25,000 – Mental Health**

To improve the health of high-risk youth through school-based mental health treatment and drug and alcohol counseling to increase their capacity for healthy communication and relationships, and reduce or eliminate their use of alcohol and drugs.

River City Community Services**Urban: Sacramento County****\$17,009 – Food Security**

To improve the health and quality of life in low-income communities in Sacramento County through nutrition information and assistance in enrolling eligible households in the Food Stamp program.

Stanislaus County Probation Department**Urban and Rural: Stanislaus County****\$25,000 – Mental Health**

To promote the overall health and development of young women involved in the juvenile justice system through diversion, gender-responsive services and re-entry programs.

Tahoe Youth and Family Services**Rural: El Dorado County****\$25,000 – Mental Health**

To increase access to therapeutic mental health services, prevention programming and early intervention activities for young, high-risk children and their families living in South Lake Tahoe.

Triad Family Services**Urban: Sacramento County****\$24,850 – Child Abuse/Neglect**

To ensure the health and success of families who have reunified with their children by providing up to six months of intensive post-reunification case management services.

Wild Iris Women's Services of Bishop Inc.

Rural: Mono County

\$24,615 – Domestic Violence

To provide long-term psychotherapy services (clinical and mental health therapy) to victims of domestic violence, sexual assault and child abuse to improve their health and well-being.

Yolo Family Service Agency

Urban: Yolo County

\$25,000 – Access to Health Services

To provide a range of mental health services and treatment, including Parent-Child Interaction Therapy (PCIT), rapid trauma recovery, family therapy, cognitive and behavioral therapy, and play therapy, to low-income children, families and individuals regardless of their ability to pay.